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July 2023


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## Greetings, friends and neighbors!

The following is a condensed version of a story told by Glenn Rawson at the Flag Day concert in St. George (printed with his permission). It seemed appropriate for this month.

July the 4th, 1776 was, of course, a most momentous day for every American. The delegates of the Second Continental Congress, having voted to seek independence just two days earlier, now came together on the 4th to declare by the written word their independence from England.

For 20 days during the month of June in 1776, Thomas Jefferson had labored to craft every word of that declaration. Now his written work sat before the committee of the whole Congress as they debated his simple, yet eloquent expressions. For his part, Jefferson sat painfully while the delegates argued, debated and altered his words. Yet, with dignity, the Virginian said nothing. The aging Benjamin Franklin sat by him and attempted to administer a bit of comfort.

John Adams did not sit in silence during the debates. He fought for every word of the Declaration as Jefferson had written it, every expression of its sentiments. In the end, it was accepted for the most part as Jefferson, Adams, and Franklin had proposed it. The changes made in the Declaration of Independence from Jefferson's original "were minor and served to improve it." Well, the Declaration went forth and was eagerly received, and out of its inspired doctrines a new nation emerged.

Thomas Jefferson and John Adams stood by the Declaration of Independence all the rest of their lives.

Many years later, at 12:50 p.m., to the distant sound of celebratory bells pealing in the valley below, the Master of Monticello, Jefferson, departed this mortal life firm in the conviction that he would live again in another.

Far to the north in Quincy, Massachusetts, at 6:20 p.m. "A final clap of thunder...shook the house; the rain stopped and the last rays of sun of the day broke through dark low-hanging clouds, bursting forth with uncommon splendor" just as the great heart of John Adams stopped beating.

The date of passing for both of these noble warrior patriots was July 4, 1826, fifty years to the day of the Declaration of Independence. On the same jubilee day, The Pen and The Voice of Independence were called home by Almighty God.

> it is is
> María Allan

Editor


## Strango

When Robert Goddard (1882-1945), the scientist who created the first liquid-fueled rocket, theorized that rockets could reach the moon, the New York Times harshly criticized him and wrote that he "lacked the knowledge ladled out daily in high schools." 49 years later, Apollo 11 succeeded and the NYT published a retraction.
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A young businessman in 1916 decided to construct a bank in Vernal, Utah, but the bricks he selected were about 120 miles away. The freight charges were about 4 times more expensive than what the bricks cost. He learned that parcel post was the most inexpensive way to ship the bricks, so he packaged 80,000 bricks into boxes and mailed them.

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A honey badger's fur is so thick that it can withstand machete blows, arrows and spears.
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In 2012, a woman from Cleveland was arrested because she broke into random houses, cleaned them, and left a bill and her phone number for her services. She broke in, washed some coffee cups, took out the rubbish, vacuumed and dusted inside the house.


Around the Neighborhood!
We'd like to welcome to the neighborhood some new friends.

Vicki Brooks has purchased 23 Mountain View. She is retired and has two children, 2 grandsons and 2 greatgranddaughters. She enjoys crochet, walking, and games.

John Spaford has purchased 16 Archview. John is also retired. He grew up in Salt Lake and came to get out of the snow in Summit County.

Seth and Cia Kelly are newlyweds and have just bought their first home on 69 Cottonwood. Seth is a dispatcher for taxis and Cia is in childcare. They enjoy hiking, going to the gym and spending time with family.

Welcome!
Jodi Ruby on Mountain View is a runner, and recently ran in the Half Ironman in Hawaii, coming in 5th place in her age group. Congratulations!

For those who have asked about Joe and Olive Lamb, Joe is living in a memory care facility, and Olive is living with family. Joe is "famous" for creating Joe's Trail on the hill behind Harrisburg, and Olive loved to play cards. They will sadly not be returning to Harrisburg, so their family has decided to sell the house. They will be missed.

## Activity Committee Report

By Cindy Bryant
Summer fun has begun! Stay cool--get out and enjoy the beauty around us!!!
Four of us enjoyed a 2-hour kayak trip around Quail Lake! Thank you Jodi R, Lori D, and Dave C for joining me! What fun--and would you believe that with the high water we kayaked a lot further back along the river to a small waterfall that I have never been to before! In fact, we almost made it to the KOA! It was a perfect day, and with our Dixie Direct discount, it only cost us $\$ 11$ each for 2 hours of fun! Yahoo!!!

There will be a Kayaking \& Concert event July 1st at Quail Lake at 7pm. The cost is $\$ 15$ (plus a State Park pass or $\$ 10$ park entry fee), which includes a paddleboard or kayak, wrist band, and a drink. The band will be "River House," with Pat McEwen--bluegrass! Should be fun--let's get a group and go!! Call me if you are interested and to reserve a kayak: Cindy 435-669-9415 by Friday June 23!

Thank you to Maria \& Evelyn C, we got the clubhouse redecorated for Father's Day! Then we proceeded to our Harrisburg cemetery where neighbors Mickey \& Judy H joined us to place flowers, flags \& pinwheels on the graves for Memorial Day! Imelda and Terri P came to support! We will leave the decorations up thru the 4th of July and Pioneer Day, July 24th! Thank you ladies-our cemetery looks festive and beautiful!! Thank you also to the Monday Night 8 Ball Pool group--we used their donated money for the decorations!

A few neighbors got to enjoy the movie "They Came to Cordura," which was filmed here in our area! Great companionship, popcorn, candy and a movie-Awesome time!

We did it! A surprise half birthday for our local "Queen Bee"--Bea Ogden--who turned 95 in December, but didn't want any party or recognition! We thought at 95 you should be recognized and celebrated! A few of us decorated the clubhouse before she arrived to play cards! Yes, at $951 / 2$ you will see her walk around the neighborhood with her walker \& friend/neighbor Donna and every Wednesday playing Hand \& Foot! You are Awesome, Bea! An incentive to us all!!

Yahoo! our concrete Bean Bag/Cornhole game is on order. It will take several weeks to make, cure and get shipped to us! It will be coming from Illinois--same as those in Hurricane! The board has offered to pay half, which was generous and helpful on our pocketbook! The funds from selling off our old chairs will go to the Activity Committee, seeing that we had recently purchased the new cushions! We also have ordered official weatherproof beanbags, a score board, and a metal sign of the rules for the game!

## Upcoming:

- July 1st Kayaking \& Concert 7:00pm
- July 8th Movie Night 6:30pm Movie: "The Sackets," a western starring Sam Elliot and Tom Selleck
- July 21st Community BBQ 5:30pm (Pioneer/Western theme for Pioneer Day)

Ongoing (See the calendar):

- Water Aerobics M-F 9:00am
- 8 Ball Pool Mondays 5:30pm
- Hand \& Foot Wednesday 1:00pm
- Texas Hold 'Em Thursdays 6:30pm

- 2nd Tuesday (11th) Potluck \& Bingo
- 3rd Sunday (16th) Ice Cream Social

Come enjoy one or all of our gatherings/activities! It's a great way to get to know your neighbors and have fun!


Take care, Cindy Bryant Activity Committee Chairperson

## Solve \& Win!

Solve the following Cryptogram and you could win a $\$ 15$ gift certificate to Mainly Pizza in Leeds. Write your entry on a 4 X 5 piece of paper and drop it in the yellow contest box inside the clubhouse. Be sure to include your name, Harrisburg address, phone number and the solution to the puzzle on your entry. Good luck!

Limit one entry per household. The contest is limited to Harrisburg residents. Entries must be submitted by $7 / 15$. The winner will be drawn from the entries with the correct solution. The solution and winner will be announced next month. Limit one winner per household per year (to give everyone a chance). For future puzzles, if you've already won, you can still enter for the fun of it; you just won't be eligible for another prize for one year (unless nobody else enters, but what are the odds?).

DMOPLAO: XEROEV, XEROEV, SEN'GL OMHLA ENO US OEAIPFI, US


BMFF WFMXXLV, US GMVPREIL GLPAI MAX EAL EY US HPXALSI, WNO P IOPFF XEA'O YLLF KLFF.

XEROEV: OJMO'I LAENBJ ENO EY SEN!

Hint: $\mathrm{A}=\mathrm{N}, \mathrm{X}=\mathrm{D}$
Category: Silly joke.


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## Fascinating Facts About Hummingbirds

Since almost all of us have hummingbird feeders and love to watch the fascinating creatures, we thought you'd enjoy some fun facts about them. The list turned out to be quite long, so the information will have to be continued into future issues.


1. They're nicknamed "hummers."
2. Yes, you can have "your" hummers. Hummingbirds choose their favorite locations based on geography, as well as a combination of natural nectar sources and well-placed feeders.
3. They have amazing memories. These smart birds can remember every flower and feeder they've visited, as well as how long it takes for a certain flower to refill.
4. They can fly thousands of miles every year. In terms of migratory feats, hummers go the farthest of any bird in proportion to body length. The rufous hummingbird has the longest migration of any hummingbird species. Their annual trek covers more than 3,000 miles from Alaska and Canada to southern Mexico.
5. They can travel 500 miles in a single go. Some ruby-throated hummingbirds fly 500 miles nonstop across the Gulf of Mexico during both spring and fall migrations. Others will stick to the coast and travel the longer route down the edge of Texas instead.
6. Hummers are diurnal, meaning most are awake during the day and sleep at night. That being said, these special birds can migrate regardless of the time of day.
7. There are over 350 known hummingbird species. And they are all either in North or South America.
8. They love sugar. They can eat more than twice their body weight daily, visiting a hundred or more flowers to do so.
9. Don't add dye to their food. It's not a necessary ingredient and there's some debate over whether food coloring could harm birds. To refill your bird feeder, make your own sugar water by boiling four parts water mixed with one part refined white sugar. DIYing instead of buying insures no added colors or chemicals. Other sweeteners, like honey and brown sugar, go rancid faster and can make hummingbirds sick.
10. They are attracted to the color red. However, it's a myth that hummingbirds will only feed on red flowers.

To be continued ...

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Movie night was fun--getting together with friends and enjoying some theater-style treats. We're hoping to make this a monthly event. Which movies would you like to see?


## Ingredients

- 1 lb chicken breasts
- 2 tbsp taco seasoning
- 2 tbsp cooking oil we use olive oil
- $2 / 3$ cup red enchilada sauce
- $1 / 3$ cup sour cream
- $1 / 2$ lime juiced
- 116 oz package pasta cooked
- 1 can black beans drained and rinsed
- 1 can yellow corn drained
- $1 / 2$ cup red onion diced
- 1 jalapeno finely chopped
- 1 can chopped olives optional
- 1/4 cup chopped cilantro to garnish



## Instructions

1. Remove chicken from packaging, pat dry, and coat with taco seasoning.
2. In a large non-stick skillet, heat oil over medium-high heat. Once the oil is shimmering add the chicken and cook for 5-7 on each side or until the internal temperature reaches 165 degrees.
3. Remove the chicken from the pan, let cool for 10 minutes, then chop into $1 / 2$ inch cubes.
4. In a large bowl add the enchilada sauce, sour cream and lime juice. Whisk together until smooth.
5. Add the chicken, pasta, beans, corn, red onion, jalapeno, and olives (optional) to the bowl with the sauce and stir until the pasta is evenly coated.
6. Top with cilantro, refrigerate for an hour until the pasta is cold. Serve.
7. This recipe makes a LOT! Great for family reunions or you could reduce the pasta by half.

Crabby Road
6-30-09


Have you seen the new chairs in the clubhouse? The Board decided to replace the old chairs that were getting rickety with new ones!

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## H.I.C. Chronicles

Our volunteers are awesome! We welcome anyone who wants to pitch in and help. We have the nicest looking wash area in Southern Utah. Most of the fire hazzard has been removed. We'll continue to maintain Memorial Park for the rest of the season. We have a new replacement tree in the picnic area. It's a London Plane shade tree with broad leaves like a maple tree, it should grow 2 to 4 ft a year and over 60 ft high.


## National Ice Cream Day is July 16

In 1984, President Ronald Reagan proclaimed July as National Ice Cream Month. He also established National Ice Cream Day as the third Sunday in the month.

When you get the urge for a snack on a hot, humid summer night, what's the first thing that comes to your mind? That's right ... Ice Cream! Therefore, it's only fitting that it is given its own special day. On this day, we hope you enjoy a cone, a sundae, or a milkshake. Set the diet aside and splurge a
 little ... have one of each!

Ice cream is nutritious. A little heavy on sugar and calories, ice cream is otherwise good for you. Its base ingredient is milk, which is loaded with protein, vitamins and minerals.

Charles E. Minches of St. Louis, Missouri is credited with inventing the ice cream cone. On July 23, 1904, at the World's Fair in St. Louis, he filled a pastry cone with two scoops of ice cream to make the first cone. There is some controversy over this claim. Italo Marchiony of New York City filed a patent for the ice cream cone months before the fair opened. And, he was selling lemon ice in cones as early as 1896 .

## How to Participate in Ice Cream Day

Food holidays are fun holidays. You get to guiltlessly put aside your dietary restrictions and partake in whatever food is being celebrated. And, by lucky coincidence, July 16 is our monthly ice cream social! Come on down at 6:00 and get a scoop (or two). It's only 75 cents a scoop and you can enjoy it with your friends and neighbors! So, enjoy ice cream a couple of times today. Then, go back to your diet tomorrow. (How's that for a shameless plug?)


Our volunteers are great!


## Mark Williamson

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## Just for Fun

Sure, I have a few skeletons in my closet. Every single one of them deserved it.
©
©
-
I visited the air and space museum. There was nothing there.

© ; ;
Japanese researchers have concluded that cats do recognize the sound of their owner's voice; however, they've evolved to not care when called.
©

My therapist told me, "Write letters to the people you hate and burn them." Did that, but now I don't know what to do with the letters.

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Soup is witchcraft. We put plants, spices, and dead animals into a cauldron and follow instructions from a book written by old people. © ; ;
©
I tried to come up with a carpentry pun that woodwork. I think I nailed it but nobody saw it.

## © ; ; -

I don't want to adult anymore. Don't even want to human. I want to goat. Jump around randomly. Eat what I want, And head-butt anyone who annoys me.

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The Activity Committee and vounteers got together to decorate the graves in our cemetery for
Memorial Day. The decorations will remain until after Pioneer Day (since these people were pioneers).

## 林 4TH OF JULY *

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## AMERICA <br> BARBECUE

DECLARATION
FIREWORKS
INDEPENDENCE
FREEDOM
FOURTH
JULY
PARADE
STATES
COLONIES
LIBERTY
FLAG
SUMMER
PATRIOTIC


The Bargaindales table brought in $\$ 77$ for the month of June!!
Thank you for all your generous donations and contributions!
For those of you who are new, The Bargaindales table is located in the southeast corner of the clubhouse, near the pool table. This is where residents can donate items in good condition that are no longer being used. You can also purchase anything on the table that you want to have for a price that you think is reasonable. Put your payment in the locked box on the wall next to the table. Your donations go to the Activity Committee, the Improvement Committee, and the Newsletter to pay for all the fun activities we have and putting in new flowers, etc. Contact MaryAnn if you have something to donate.

|  |  | Water Ae | cs Mon.-Fr |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  |  |  | Kayaking \& Concert 7:00 PM at Quail Creek (\$15 + Park pass) |
| 2 | Activity Planning Meeting 10 AM <br> Pool 5:30 PM 25¢ per game |  | Hand \& Foot 1:00 PM/\$1 | $\begin{gathered} \\ \text { Texas Hold 'Em } \\ \text { 6:30 PM } \end{gathered}$ | 7 | Movie Night 6:30 PM "The Sacketts" |
| 9 | Pool 5:30 PM 25¢ per game | Potluck Dinner \& Bingo 5:30 PM/\$1 Card | Hand \& Foot 1:00 PM/\$1 | $\begin{gathered} \\ \\ \text { Texas Hold ‘Em } \\ \text { 6:30 PM } \end{gathered}$ | Neighborhood Western BBQ at the pool 5:30 PM | 15 |
| $16$ <br> Ice Cream Social 6:00 PM 75 ¢/scoop | Pool 5:30 PM 25¢ per game | 18 | Hand \& Foot 1:00 PM/\$1 | $\begin{aligned} & \text { Texas Hold 'Em } \\ & \text { 6:30 PM } \end{aligned}$ | 21 | 22 |
| 23 | 24 <br> Pool 5:30 PM 25¢ per game | 25 | Hand \& Foot 1:00 PM/\$1 | Texas Hold 'Em 6:30 PM | 28 | 29 |
| 30 | Pool 5:30 PM 25¢ per game |  |  |  |  |  |

