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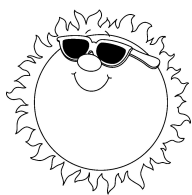
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August 2024



Harrisburg Views

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Chuck McDowell (President);
John Gansereit (Vice
President); Kenny Allred
(Treasurer); Laura Schmitt
(Secretary); Carole Pendleton,
Virginia Bell, and Matt
Frampton (Board Members).

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Greetings, friends and neighbors!

The Dog Days of Summer are here! Ever wondered what this quirky phrase really means? Traditionally, it refers to the hot and humid weather we experience in July and August in the Northern Hemisphere. Back in ancient Greece and Rome, the Dog Days were thought to bring drought, bad luck, and general unrest, with the extreme heat driving both dogs and people a bit mad! These days, we just think of it as the peak of summer's heat and humidity.

So, why do we call it the "Dog Days" of summer? This period of sweltering weather lines up with the heliacal (sunrise) rising of Sirius, the Dog Star. Sirius is part of the constellation Canis Majoris—the "Greater Dog." It's the brightest star in the night sky, which is why it got the nickname Dog Star. The ancient Greeks, Egyptians, and Romans believed that the "combined heat" of Sirius and our Sun caused the scorching summer temperatures. In fact, the name "Sirius" comes from the Ancient Greek word seirios, meaning "scorching."

For the ancient Egyptians, Sirius's rising was a big deal because it marked the start of the Nile River's flood season. They saw the star as a watchdog for this crucial event. On the other hand, the Greeks and Romans weren't as thrilled about Sirius's appearance—they thought it brought drought, disease, and discomfort.

Fast forward to today, and we know Sirius doesn't actually affect our weather. Still, its appearance during the hottest part of summer has kept the lore alive. The exact dates of the Dog Days can vary, but the Old Farmer's Almanac pins them down from July 3 to August 11. This period follows the summer solstice, which is usually when the worst of summer's heat begins.

Even though Sirius is the brightest star in the sky, you can spot it without any fancy equipment. Its longstanding presence in our history and culture shows just how much it has influenced our traditions and stories.

While ancient superstitions suggested a rise in infections during the Dog Days, modern science hasn't found any direct link. But one thing's for sure—we're all looking forward to cooler temperatures and some relief from the summer heat!

Maria Allan

Editor





I.C. Chronicles

The committee volunteers did some watering of trees and shrubs in Memorial Park, as well as weeding and trimming in Roadrunner Park near the big willow tree. We were glad to hear that the board decided to bring in tree trimmers to get rid of the dead branches and overgrowth, making it much safer to be around.

It's been too hot to be out working in the heat, so we haven't had many organized work parties. But keep an eye out for announcements; when the weather starts to cool, we'll be out there again and we'd love to have help. As always, thank you to our volunteers!

We've also ordered a new cover for the Mule, as the old one has seen better days. Our hard-working vehicle deserves a new outfit, don't you think?



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News from the Board

By Kenny Allred

It is the time of year we celebrate our pioneer heritage. We are so lucky and blessed to live in a place where we have the freedoms we have and the right to voice our opinions. It is up to us to maintain the freedoms and the places that our ancestors settled in this great land.

My wife MaryAnn and I were born and raised in southern Utah and while our working careers have moved us around the country, we are so glad to be back home living in Utah with our family and friends. We chose Harrisburg Estates as our retirement community and lovingly have named this our "Tiny Village." We can't wait until we are here full time and get to know all of you better. We have a unique place here with wonderful people and beautiful scenery. They say it takes a village to raise kids ... it will take this "Village" to work together to keep this the place we all, at one time or other, made the choice to be a part of.

* * *

The concerns we are currently getting from the homeowners are focused towards roads, trees, lawns and sprinklers. I would like to remind everyone that we, the Members of your Board, hear your concerns and have your best interest in mind while mitigating these issues without inconveniencing the homeowners and wasting your time and money. While we are researching the best solutions, we know it may feel like you are not being heard. Please know we want the best solutions and outcomes for ALL our residents.

Some reminders for the homeowners. The HEOA is responsible for the trees and foliage on the HEOA property which includes common areas and what may obstruct the roads. The homeowners are responsible for the trees and foliage on their own land including any damage to all structures including your own, neighbors or community property. Should any damage occur from a tree on your property you are responsible for it, not the HEOA. You may want to review your own homeowner's insurance or contact your agent to understand your policy better.

The Board has requested the services of an arborist (a specialist in trees) to trim the trees in the community. Our trees are important to us, and we need to do whatever we can to preserve them.

We are still looking for a part-time maintenance person.

Stay cool and hydrated.

Thanks, Kenny



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French Onion Dip Pasta Salad Recipe

INGREDIENTS

- 1 pound pasta: Rotelle, bowtie,
- 1 1/2 cups frozen peas
- 1 medium lemon
- 3/4 cup full-fat plain Greek yogurt
- 1/4 cup mayonnaise
- 1 (1-ounce) envelope onion soup mix, such as Lipton's
- 3/4 teaspoon packed dark or light brown sugar
- 1 small red onion, diced
- 2 large celery stalks, diced
- 1 pint cherry or grape tomatoes, halved
- Freshly ground black pepper
- Kosher salt
- 2 T thinly-sliced fresh chives



INSTRUCTIONS

1. Cook pasta according to package directions until just tender, 10 to 13 minutes. Place 1-1/2 cups frozen peas in a colander and set in the sink. Meanwhile, make the dressing and prepare the remaining ingredients.
2. Juice 1 medium lemon into a large bowl until you have 2 tablespoons. Add yogurt, mayonnaise, onion soup mix, and brown sugar. Stir to combine.
3. Add onion, celery and tomatoes; stir to combine.
4. When the pasta is ready, drain directly over the peas and rinse with cold water to cool. Drain well. Add the pasta and peas to the bowl and toss to coat. Taste and season with kosher salt and black pepper as needed.
5. Garnish the pasta salad with the chives.

RECIPE NOTES

The salad can be made up to a few hours ahead and refrigerated. Reserve 1/2 of the dressing before mixing in the vegetables, pasta, and peas. Stir in the reserved dressing just before serving.

Storage: Refrigerate leftovers in an airtight container for up to 4 days.

Makes 12 cups.



The cleanup in Roadrunner Park looks great!



The Bargaindales table brought in \$66 for the month of July!!

Please remember that items are not free—put your donations in the box.

For those of you who are new, The Bargaindales table is located in the southeast corner of the clubhouse, near the pool table. This is where residents can donate items in good condition that are no longer being used. You can also purchase anything on the table that you want to have for a price that you think is reasonable. Put your payment in the locked box on the wall next to the table. Your donations go to the Activity Committee, the Improvement Committee, and the Newsletter to pay for all the fun activities we have and putting in new flowers, etc. Contact MaryAnn if you have something to donate.



Diane Davis was our winner for July!
Congratulations!

They Said It



“Anybody who tells you money can’t buy happiness never had any.” —*Samuel L. Jackson*

☆ ☆ ☆

“Misers are no fun to live with, but they make great ancestors.” —*Tom Snyder*

☆ ☆ ☆

“Anyone can do any amount of work, provided it isn’t the work he is supposed to be doing at that moment.” —*Robert*

Benchley

☆ ☆ ☆

“I like work; it fascinates me. I can sit and look at it for hours.” —*Jerome K. Jerome*

☆ ☆ ☆

“Doing nothing is very hard to do. You never know when you’re finished.” —*Leslie Nielsen*

☆ ☆ ☆

Puzzle with a Prize!

Congratulations to Diane Davis, July’s winner of the \$20 certificate to Main Street Café. The solution to the puzzle was:

1 – Unbroken; 2 – Highchair; 3 – Foul language; 4 – Summer; 5 – Cattle (cat ill); 6 – Four seasons; 7 – Mutate; 8 – Coloring/ For coloring; 9 – Indian food; 10 – The underdog; 11 – The birds and the bees; 12 – Tripod.

☆ ☆ ☆

There were only two entries, so we’re trying something new -- and hopefully easier! Solve the crossword! This month’s prize is a \$20 gift card to **Bishop’s Grill** in Washington.

The rules & fine print: Drop your entry in the yellow contest box inside the clubhouse. Be sure to include your name, Harrisburg address, phone number and the solution to the puzzle on your entry. Good luck! (If you’re out of town, you can email your entry to marvelousmom2@yahoo.com, and I’ll put it in for you.)

Entries must be submitted by 8/18. The winner will be drawn from the entries with at least 5 correct answers, so if you don’t know them all, give it your best guess and enter anyway! The solution and winner will be announced next month. The contest is limited to Harrisburg residents. Limit one entry per household. Limit one winner per household (to give everyone a chance). If you’ve already won, you can still enter for the fun of it; you just won’t be eligible for another prize for 6 months (**unless nobody else enters—which is very possible**). You can’t win if you don’t enter!



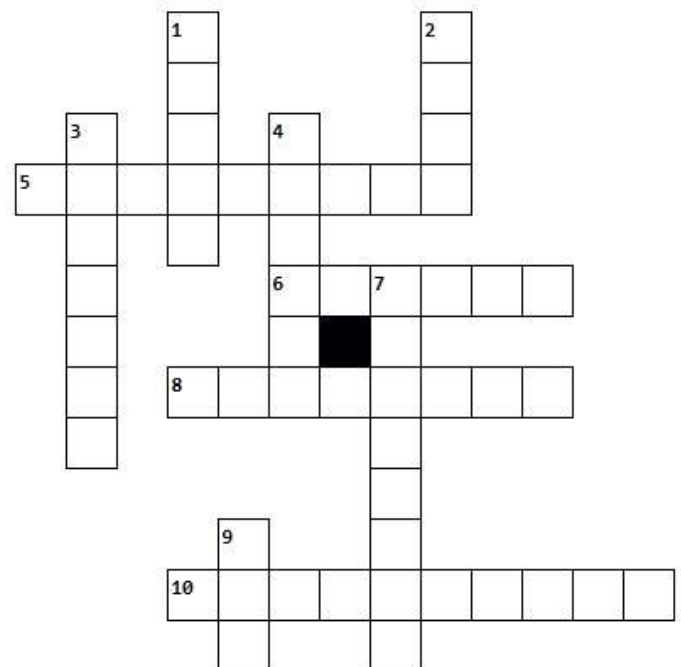
Theme: Harrisburg

ACROSS

- Nearest State park (2 words)
- 8th Month
- Longest street in Harrisburg
- The official name of the “dog park”

DOWN

- Our HEOA president’s first name
- Our maintenance man’s first name
- Popular movie streaming service
- A reptile among us.
- Popular Harrisburg vehicle (2 words)



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Beautiful garden in Roadrunner Park.



Things to Do – Hurricane City Concerts in the Park

On the 2nd and 4th Thursdays of the month from May through September, the Hurricane City Recreation department presents a Concert in the Park in Pioneer Park (200 N Main St.) 8:00-9:00 PM. The concerts are free. Grab your camp chair or favorite blanket and get ready to enjoy the music of some awesome performers:

- Aug. 8 – Austin “Stino Mariano
- Aug. 22 – The Hubcaps
- Sept. 12 – Way Off Broads
- Sept. 26 – Rock N Horse Band

To find more fun and interesting things to do, check out GreaterZion.com/upcoming-events/ and scroll to the calendar. You'll find hundreds of interesting things.



Just for Laughs



What do you call a wizard who's really bad at football?

Fumbledore.



How do nonbinary people hurt each other? They slash them.

(They/them)



I used to hate facial hair, but then it grew on me.



What's blue and not very heavy? Light blue.



I don't get why bakers aren't wealthier. They make so much dough.



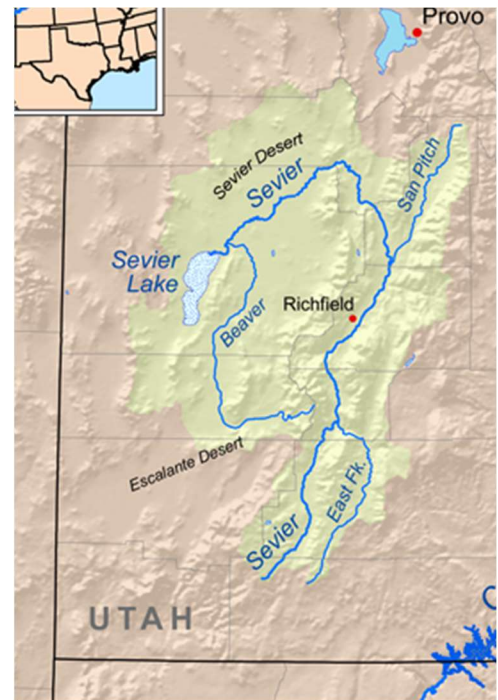
Ancient Rivers and Land Formation

By Karen Brunette

Utah is the second-driest state in the United States. Nevada is the first! None of the rivers flowing in Nevada empty into the ocean, but are internally drained into lakes. The Owyhee and Jarbridge rivers in Nevada are the only exceptions, and they flow into Idaho, not the Ocean.

Rivers in Utah, both ancient and modern, give us a record of our climate change. The layers of sedimentary rocks laid down by the water flow provide the colorful mountains we enjoy, and the study of the combination of minerals and fossils in those rocks tell us what the climate was doing when the rock layers were deposited. These minerals also tell the story of the mountain-building and plate tectonic changes that uplifted and depressed many areas of our state, not once but many times over millions of years.

Volcanic eruptions also played a big part in river diversion and flow. The Colorado river crosses the most landscape barriers in the Western Hemisphere, and the Sevier River is the longest river contained entirely within the State of Utah.



Map of Sevier River

Activity Committee Report

July was a very hot month! It usually starts cooling down by the end of August, and we can't wait!

We'd like to thank everyone who came to our Summer BBQ potluck. It was a lot of fun and we had a great turnout. A special thanks to Bobby Fein for cleaning the grille and taking over cooking duties and to Imelda Akens, for helping a couple of our "recently disabled" residents to get there, and for pitching in with the cleanup with Judy Hutchinson. It takes a team effort to make it a success.

Movie night was fun, watching Nicholas Cage save the Declaration of Independence in "National Treasure." We had 8 people in attendance, and the snacks were great.

We've made a list of the movies that are available (it'll probably get longer!). Please stop by the clubhouse and mark the ones you'd like to see so that we can pick movies that people will enjoy.

For August, we have the usual activities. We sure hope you can come:

- **Saturday, August 10 at 6:30 PM**: Movie night – "Unstoppable," an action-packed movie starring Denzel Washington, Rated PG-13. Based on a true story of a runaway train.
- **Tuesday, August 13 at 5:30 PM**: Potluck dinner and bingo - True potluck this time. These are fun because you never know what we'll get, but it's always yummy. Bingo is \$1 per card, and we play 4 games. Are you feeling lucky?
- **Sunday, August 18 at 6:00 PM**: Ice cream social. A yummy summer treat for only 75 cents a scoop (includes toppings). Bananas are 50 cents extra. We have a fun time visiting, swapping stories, and we love to get to know people we haven't met before.

Looking ahead: A guest of one of our owners, Hollee Mae, has offered to teach free Qigong classes (similar to Tai Chi) occasionally to our residents starting in September. The classes will be free and the movements are gentle and appropriate for all abilities. Watch for more information. There will be sign-up sheets.



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August Birthdays

Happy Birthday to all our friends and neighbors born in August!

- 1st - Jodi Gray
- 5th - Carla Funk
- 6th - Shirley Nelson
- 6th - Regina Russo
- 6th - Kurt Dumm
- 8th - Pat Gadd
- 8th - John (BJ) Gansereit
- 9th - Randy Thompson
- 10th - Grace Mesa
- 12th - Richard Gray
- 12th - Rebecca Powell
- 14th - Verne Nelson
- 14th - Laura Schmitt
- 16th - Judy Evans
- 17th - Elizabeth Hone
- 19th - Richard Roberson
- 26th - Royce Haakenson
- 27th - Barb Campbell
- 30th - Garth Powell

Did we miss your birthday? Please give the month and date to the office or contact the editor.



Back to School Word Search



ELEMENTARY	S	P	O	R	T	S	Y	S	M	B	R	E	L	U	R
MIDDLE	N	A	A	R	D	A	H	G	H	T	E	R	W	O	U
JUNIOR HIGH	U	C	T	P	C	I	I	E	A	S	M	P	E	N	S
HIGH SCHOOL	L	M	L	H	E	O	G	T	A	C	O	V	R	P	D
BACKPACK	J	U	N	I	O	R	H	I	G	H	R	E	C	I	E
PENCIL	U	I	P	E	C	R	S	P	I	O	I	L	A	C	L
PAPER	P	T	N	S	R	E	C	E	S	S	E	T	L	E	E
SCISSORS	R	T	R	O	N	G	H	A	T	G	S	A	C	X	M
RULER	O	S	C	I	S	S	O	R	S	O	S	Y	U	T	E
CRAYONS	T	L	R	U	L	R	O	A	T	S	E	N	L	T	N
MARKERS	R	E	A	G	L	E	L	A	T	L	I	R	A	A	T
BOOKS	A	A	Y	Y	P	K	R	E	D	T	R	E	T	Y	A
PENS	C	J	O	N	E	R	O	D	H	L	E	H	O	B	R
PROTRACTOR	T	Y	N	E	M	A	I	E	M	O	I	D	R	A	Y
COMPASS	O	H	S	T	A	S	S	A	P	M	O	C	R	B	S
CALCULATOR	R	S	K	O	O	B	A	C	V	J	B	R	N	N	B
RECESS	F	O	S	E	M	A	T	E	A	C	H	E	R	E	L
CLASS	B	A	C	K	P	A	C	K	E	R	W	A	P	O	P
SPORTS															
TEACHER															



Friends having fun at the BBQ Potluck.

Strange BUT TRUE

An ostrich's eye is bigger than its brain. Their little brains are genuinely smaller than one of their eyeballs.



The longest walking distance in the world is 14,000 miles. You could walk from Magadan in Russia to Cape Town in South Africa without needing a vehicle.



Humans are the only animals that blush. Some people believe we may be the only animals who feel embarrassment.



Pigs can't look up into the sky. Due to the anatomy of their neck muscles and spine, pigs are unable to look upwards.



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Around the Neighborhood!

We'd like to welcome **John Rain and Julie Smith to 128 Overlook**. They will be with us part-time, as their main residence is in Holliday. John is a commercial plumber. They have 8 children between them and 8 grandchildren. Both are from California originally, but love Utah and have called it home for about 30 years. They love it here!

We also welcome **Vonnie Huff to 32 Cottonwood Lane**. Vonnie lives in Las Vegas most of the time, but plans to visit a few times per month. Vonnie is retired and has been caregiver for her spouse for the last 10 years and needs a quiet, peaceful place to relax and unwind.

Last but not least, **Sadie and Jake Chamberlain** have purchased **70 Redbluff**. Sadie is a speech language pathologist and Jake is a student. Welcome!

We had a great turnout at the BBQ. Everyone had a great time and there was plenty of good food!



"You heard me, Simmons! You get that cursed bugle fixed!"

Book Lovers Day is August 9 and the first Saturday in November

Are you an active reader? Reading teaches you and expands your knowledge. It takes you to fantastic places and on far-away adventures. And it makes you a super sleuth as you solve murder mysteries. Book Lovers Day encourages you to find a place in the shade to relax with a good book. Use this August 9 holiday to open up a new book in your favorite genre.



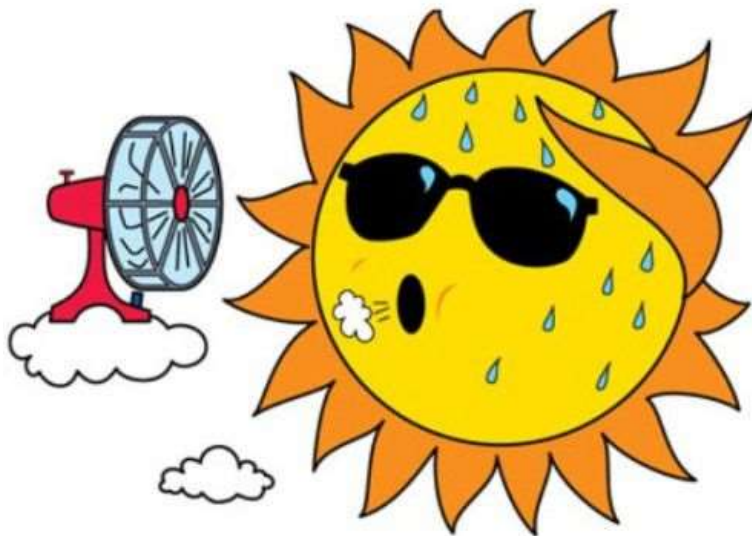
Book reading is a great hobby. This hobby looks great on your job resume. It's an important one, too. Employers look for it on resumes. Reading is educational, informative, and relaxing. It makes us both smarter, and happier people.

Book Lovers Day is a great day to celebrate. Just grab an interesting book, find a quiet, cozy place, and crack open the cover. Celebrating Book Lovers Day in August is pleasurable on the deck, under a shady tree, poolside, in a cozy hammock, or indoors enjoying the air conditioning. If you fall asleep while reading, that's okay. It's all part of the relaxing benefits of being a book lover.

Here are some ideas on how you can celebrate Book Lovers Day:

- Pick up a book, any genre, and begin to read it.
- Go to your library.
- Support your local library.
- Go to a used book sale.
- Give books to children and others as a gift.
- Join a book club.

Today's Quote: "You cannot open a book without learning something." --Confucius



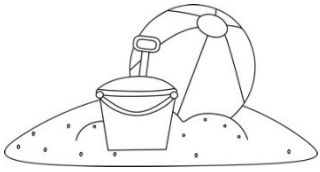
Chef Bobby did a great job manning the grille at the BBQ, cooking everything to perfection.

Friendly Reminder:

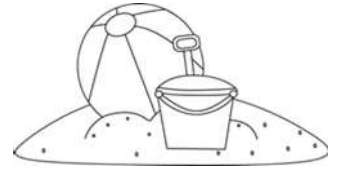


Please, please remember to be courteous and pick up after your dogs! We would like this to be a clean and friendly neighborhood. Everyone must contribute. Thank you!




















August 2024



Water Aerobics 10:30 AM Mondays and Wednesdays

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>In addition, there is usually a card or board game going on weekdays at 1:00 or 1:30. Check the signup sheets in the clubhouse or just show up and join in!</p>				<p>1 Pinochle 1:00 PM</p> <p>Texas Hold 'Em 5:30 PM</p> 	2	3
	4	<p>5 Pool 5:30 PM</p> 	6	<p>7 Hand & Foot 1:00 PM/\$1</p> 	<p>8 Pinochle 1:00 PM</p> <p>Texas Hold 'Em 5:30 PM</p> 	9
11	<p>12 Pool 5:30 PM</p> 	<p>13 Potluck Dinner & Bingo 5:30 PM/\$1 Card</p> 	<p>14 Hand & Foot 1:00 PM/\$1</p> 	<p>15 Pinochle 1:00 PM</p> <p>Texas Hold 'Em 5:30 PM</p> 	16	17
<p>18 Ice Cream Social 6:00 PM \$.75/scoop</p> 	<p>19 Pool 5:30 PM</p> 	20	<p>21 Hand & Foot 1:00 PM/\$1</p> 	<p>22 Pinochle 1:00 PM</p> <p>Texas Hold 'Em 5:30 PM</p> 	23	24
25	<p>26 Pool 5:30 PM</p> 	27	<p>28 Hand & Foot 1:00 PM/\$1</p> 	<p>29 Pinochle 1:00 PM</p> <p>Texas Hold 'Em 5:30 PM</p> 	30	31