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Welcome message: Maria Allan Around the Neighborhood! September Birthdays Activities Sponsorships Calendar Lots of Fun Stuff!



## September 2024



# Harrisburg Views

#### **Board Members:**

Chuck McDowell (President); John Gansereit (Vice President); Kenny Allred (Treasurer); Laura Schmitt (Secretary); Carole Pendleton, Virginia Bell, and Matt Frampton (Board Members).

#### Newsletter:

Editor: Maria Allan For submissions, please email marvelousmom2@yahoo.com Deadline is the 20<sup>th</sup> of each month.

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## Greetings, friends and neighbors!

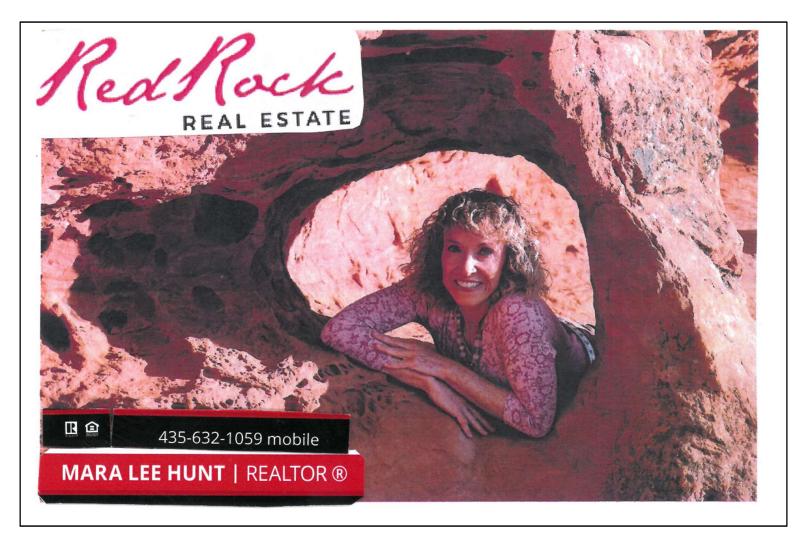
Welcome, Fall! I don't know about you, but I'm happy that the hottest days of summer are finally behind us and we can finally go outdoors without getting broiled like a Costco rotisserie chicken! I'm a person who would rather be warm than cold, but even I have to admit that I'd like to "crank up the AC until it's blowin' snowballs!"

What's your favorite saying about the heat? Here's a sampling:

- It's hotter'n a blister bug in a pepper patch.
- It's so dang hot that I just saw a hound dog chasing a rabbit—and they were both walking.
  - It's hotter than a stolen tamale.
  - Hot as the hinges on the gates of Hades.
    - Hotter than Satan's house cat.
    - Even Satan's sweatin' today.
    - Hotter than hell's pepper patch.
    - Hotter than the devil's armpit.
  - It's so hot the swimming pool is boiling.
    - It's hot enough to scald a lizard.

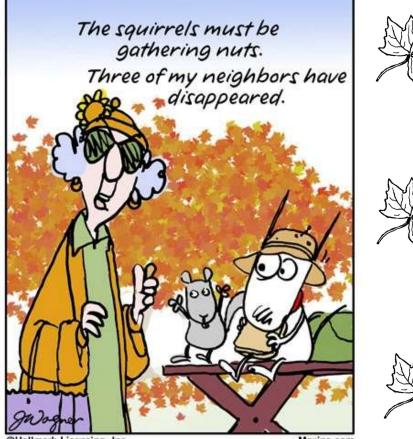
Of course, it won't be long until we're longing for warmer days. The cooler days ahead are perfect for enjoying outdoor strolls, cozy sweaters, and a warm cup of cider. We have some exciting activities planned in the coming months, so stay tuned for more details. Whether you're looking to dive into a new hobby or just enjoy the beauty of the season, there's something for everyone to look forward to. Here's to a season filled with great moments and wonderful memories. Enjoy these great autumn days ahead!

María Allan Editor



Crabby Road

10-17-07



The Bargaindales table brought in \$70 for the month of August!! Please remember that items are not free—put your donations in the box.

For those of you who are new, The Bargaindales table is located in the southeast corner of the clubhouse, near the pool table. This is where residents can donate items in good condition that are no longer being used. You can also purchase anything on the table that you want to have for a price that you think is reasonable. Put your payment in the locked box on the wall next to the table. Your donations go to the Activity Committee, the Improvement Committee, and the Newsletter to pay for all the fun activities we have and putting in new flowers, etc. Contact MaryAnn if you have something to donate.

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## <u>News from the Board</u>

By Chuck McDowell

We are very fortunate that we live in a community full of volunteers! Here are a few names that come to mind:



• Steve Hart and the various members of the ACC Committee

• Gerald Ciccanti -- and the various members of the HIC Committee

• Maria Allan – Harrisburg Views / the Activities Committee

• Mary Ann & Stan Roberts -- HIC Committee, etc.

• Dave Comerzan – previous Board Member & President

• John & Joy Parker – various roles

The problem with starting a list like this is that is quickly becomes apparent that you are leaving somebody off the list that is deserving of recognition such as my fellow board members for instance...there are many more.

#### COMING SOON

The Board has been focused on providing maintenance to the park. We recently had the Tree Guy crew over for three days to trim the trees. They did a great job, but it quickly became apparent that there is much more to do.

We are discussing the possibility of doing some asphalt projects which may or may not happen, depending on the budget. As a result of those discussions, it occurred to us that we might want to partner with whoever who's doing the pipeline project given the fact that it appears that they will be doing asphalt work soon on Old Highway 91.

After a bit of research, we discovered that it was the Washington County Water Conservancy District that was running that project. After a few more calls we were successfully put in touch directly with the foreman of the asphalt project. He is a fellow by the name of Randy Johnson. (Not the famous baseball player, by the way <sup>(C)</sup>)

**NEXT STEP**: The Board is waiting for Randy to stop by with his asphalt contactor (Sunroc). We will then discuss the possibility of partnering with the Water District in search of competitive square foot cost to replace the asphalt in targeted areas in our community.

Have a great September! Cheers,

> Chuck McDowell Harrisburg HEOA President

## Cake Mix Pumpkin Chocolate Chip

*Cookies* from somewhatsimple.com

Welcome in the cool fall weather with these pumpkin chocolate chip cookies! With only 3 ingredients, they are easy to make and taste DELICIOUS!

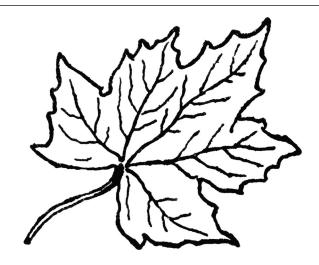
#### Ingredients

- 1 18.25 oz. Spice Cake Mix
- 1 15 oz. Can of Pure Pumpkin Puree
- 3/4 cup Mini Chocolate Chips

#### Instructions

- 1. Preheat oven to 350° and lightly grease a cookie sheet.
- 2. In large mixing bowl, combine spice cake mix and pumpkin puree, stir until well blended.
- 3. Add chocolate chips and mix until they are all distributed.
- 4. Spoon cookie dough by rounded tablespoons about 2 inches apart.
- 5. Bake for 10-15 minutes, or until a toothpick inserted in middle of cookie comes out clean.
- 6. Let cookies cool on cookie sheet for one minute before transferring to wire rack to cool.





## I.C. Chronicles

We trimmed some trees around the park that the tree service didn't get to, also watering some trees and shrubs in Memorial Park. It's been too hot to get out much, but with cooler temperatures ahead, it should be easier.

Pictured: Our wonderful volunteers hard at work! Come out and join us. Our work parties are bright and early on Thursday mornings. Hope to see you there.







## DID YOU KNOW... MEDICARE HEALTH PLANS CHANGE ANNUALLY

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## **Puzzle with a Prize!**

Congratulations to **Joe Macari**, August's winner of the \$20 certificate to Bishop's Grill. The solution to the puzzle was:

## 1 – Chuck; 2 – Luis; 3 – Netflix; 4 – Lizard; 5 – Red Cliffs; 6 – August; 7 – Golf cart; 8 – Redbluff; 9 – Joy (oops sorry, the clue got omitted).

#### \* \* \*

There were five entries this time, so your odds of winning are still good! This month's prize is a \$20 gift card to **Triple TJ's Cafe** in Hurricane. The theme this month is "National Parks." How many of these parks can you name? The state where they're located is your hint.

<u>The rules & fine print</u>: Drop your entry in the yellow contest box inside the clubhouse. Be sure to include your <u>name</u>, <u>Harrisburg address</u>, <u>phone number</u> and the solution to the puzzle on your entry. Good luck! (If you're out of town, you can email your entry to marvelousmom2@ yahoo.com, and I'll put it in for you.)

Entries must be submitted by 9/18. <u>The winner will be drawn from the entries with at least 5 correct answers</u>, so if you don't know them all, give it your best guess and enter anyway! The solution and winner will be announced next month. The contest is limited to Harrisburg residents. Limit one entry per household. Limit one winner per household (to give everyone a chance). If you've already won, you can still enter for the fun of it; you just won't be eligible for another prize for 6 months (**unless nobody else enters**—**which is very possible**). You can't win if you don't enter!

#### Across

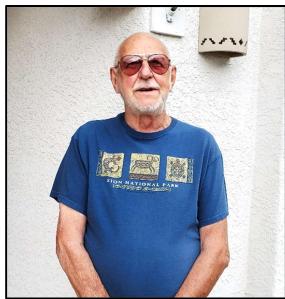
- 2. Wyoming Mountain near Jackson Hole (2 words)
- **3.** Wyoming Geothermal wonderland
- 6. Alaska Tallest mountain in North America
- 7. California Has the tallest trees on earth
- 8. Utah-Over 2,000 of these natural curved scructures
- 9. Utah Sandstone formations and Virgin River Narrows

#### Down

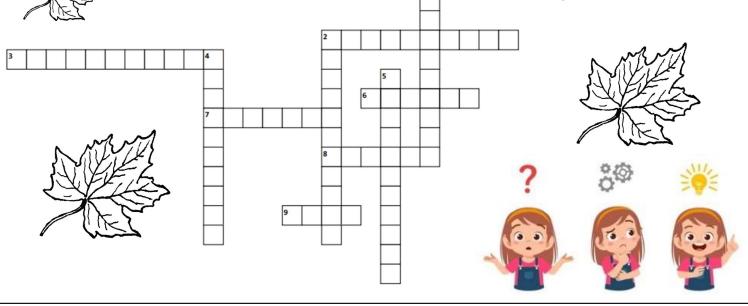
**1.** New Mexico - 275 square miles of snow-<u>colored</u> dunes (2 words)

- 2. Arizona Carved by the Colorado River (2 words)
- 4. Florida Largest tropical wilderness in the U.S.
- 5. Nevada Hottest, lowest place in the U.S. (2 words)

## National Parks



Joe Macari was our August winner! Congratulations!













## Things to Do: Dixie Days Celebration -September 8th - September 14th

Join us for an unforgettable week of festivities as we celebrate the rich heritage and vibrant community spirit of St. George with the Dixie Days celebration. We have a fantastic lineup of events and activities for all ages. Come and enjoy a variety of attractions, including a lively festival, engaging film screenings, a thrilling golf tournament, the exciting Dixie Round-Up Rodeo, and much more!

With so much to see and do, Dixie Days is an event you won't want to miss. We look forward to seeing you there this year!

This exciting event is set to become a community favorite, drawing a large crowd eager to participate in the festivities. Dixie Days will feature a variety of attractions and activities for all ages, ensuring a fun-filled day for everyone!

Activities will include 2K/4K Race, Outdoor Craft Fair, Food Trucks, Parade, Family Fun, and Evening Entertainment.

With so much to see and do, Dixie Days is an event you won't want to miss. We look forward to seeing you there this year! Don't miss out on this fantastic day of community fun and entertainment! For detailed information, go to sgcityutah.gov, then click on Events, then Dixie Days Celebration.



## They Said It

. "Don't go around saying the world owes you a living. The world owes you nothing. It was here first." -- Mark Twain

\* \*  $\frac{1}{\sqrt{2}}$ "All I've ever wanted was an honest week's pay for an honest day's work."— Steve Martin, in the film Sgt. Bilko.  $\mathbf{x}$  $\mathbf{A}$  $\frac{1}{\sqrt{2}}$ 

"A college education is one of the few things a person is willing to pay for and not get." — William Lowe Brvan

 $\frac{\Lambda}{\Delta}$  $\frac{1}{2}$  $\frac{\Lambda}{M}$ "In real life, I assure you, there is no such thing as algebra." —Fran Lebowitz  $\frac{\Lambda}{\Delta}$  $\frac{1}{\sqrt{2}}$  $\overline{\mathbf{x}}$ 

"True terror is to wake up one morning and discover that your high school class is running the country." -Kurt Vonnegut



## Activity Committee Report

We had some fun activities in August. On the 10<sup>th</sup>, we watched "Unstoppable" starring Denzel Washington. It was a real nail-biter from the first five minutes—very exciting. The movie night treats were great, too! Hope you can join us next time.

On August 13, we had our monthly potluck dinner. As usual, the food was great, and we got to meet some of our neighbors! We had a great time getting to know each other.

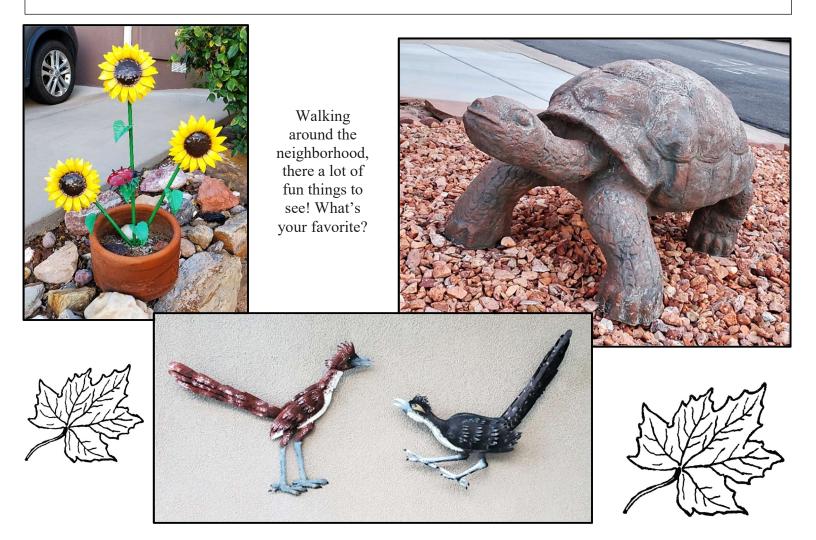
On August 14, our resident Siera Heaton taught a class on Pain Therapy. She taught the group about how pain is processed in our brains and sometimes our brains interpret safe sensation as dangerous; therefore, creating pain. They learned a little bit about polyvagal theory and how calming the nervous system can help us experience less pain. It was a very interesting class and had a good turnout.

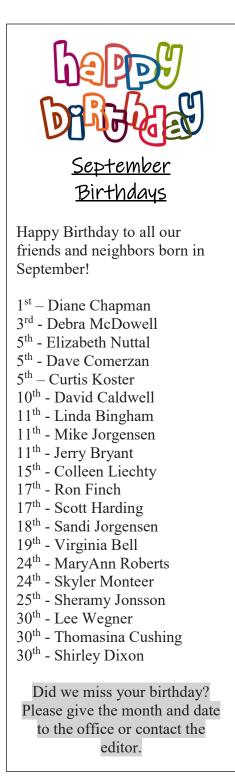
The Ice cream Social August 18 was a lot of fun. We had peach cobbler to go with the ice cream, a special treat. A couple of new neighbors joined us and it was fun getting acquainted.

On the calendar for September:

<u>Tuesday, September 10 at 5:30 PM</u>: Potluck dinner and bingo. True potluck – it's always fun to see what everyone brings. Bingo cards are \$1 apiece. The funds are divided up for prizes. We play 4 games. <u>Sunday, September 15 at 6:00 PM</u>: Ice cream social. <u>Saturday, September 21 at 10:00 AM</u>: Board meeting. <u>Saturday, September 28 at 6:30 PM</u>: Movie night – "Last Holiday," starring Queen Latifah.

Looking ahead: Hollee Mae has will be teaching a free Qigong class (similar to Tai Chi) on October 19<sup>th</sup> at 9:00 AM. The classes will be free and the movements are gentle and appropriate for all abilities. Mark your calendar now! All are welcome.







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PS...

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Humans have tongue prints. Just like our fingerprints, our tongue prints are unique! ۲ ۲

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The Eiffel Tower was supposed to be in Barcelona. When Gustave Eiffel's design was rejected by the Spanish city for being too ugly, he pitched it to France. The locals weren't in love with it either, but tourists from around the world flock to

### Paris to see it!

۲ ٨ The shortest commercial flight in the world is in Scotland. The quick 1.7-mile journey between the

Westray and Papa Westray islands takes just 90

#### seconds by plane. ۲

Dolphins give each other names. A unique whistle is used to distinguish members in their pod.

There's a Shell garage that's actually shaped like a shell. In the 1930s, Shell built a series of shell-shaped service stations, but only one remains today in North Carolina.

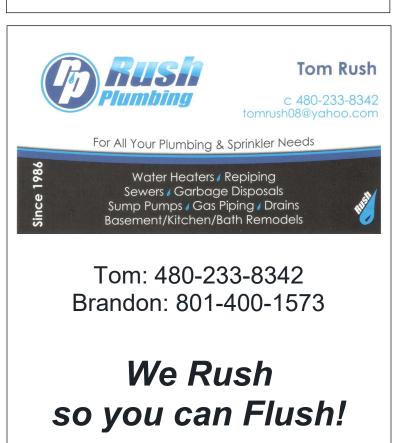


We'd like to (belatedly) congratulate Seth and Cia Kelly on the birth of their new son, Samuel Ethan, who was born June 22 (we just found out). He's so cute!

We also congratulate Megan and Keldan Guymon on the birth of their daughter, Quinley, born August 8. The Guymons moved here in May with their daughter Auklyn, and are living at 25 Mountain View. So Congratulations AND Welcome!

We're excited to welcome our two new office personnel, Janice Lee Guerra and Elle Jones. Janice is a resident of Harrisburg and Elle lives in Leeds. They're already doing a great job. Be sure to stop in and welcome them, if you haven't already.

We received sad news that Jean Reed passed away on July 31 at her home in Las Vegas. Jean was a longtime resident of Harrisbug whom many will remember.



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#### <u>Ravens</u>

Ravens, the largest species of Passeriformes, are remarkable creatures with a vast repertoire of vocalizations, ranging from croaks to whistles and even mimicked human words. Researchers have identified up to 116 distinct sounds. Their aerial acrobatics are equally impressive, often appearing as playful stunts, such as diving, rolling, and tumbling in midair, sometimes in synchronized pairs during courtship.

These intelligent birds are known for their problem-solving abilities, recognizing individuals, and learning behaviors by observing others. Ravens are also notorious scavengers, feeding on a variety of food, including carcasses and garbage, which helps keep the environment clean. However, they are also predators, preying on small animals, bird eggs, and chicks. While this behavior upsets some, it's a natural part of their survival.

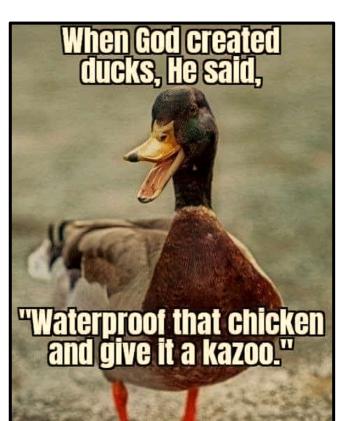
Ravens often cache food for later, sometimes raiding the caches of other ravens. Mated pairs typically stay together year-round, defending their territory even after breeding season. They often gather in groups at food sources, which helps protect them from territorial rivals.

Despite their intelligence and ecological benefits, ravens are sometimes viewed negatively due to their scavenging habits, such as raiding garbage or stealing food. They can be a nuisance, but most of these behaviors can be mitigated by properly storing food and garbage.

Ravens have interacted with humans for centuries, often opportunistically seeking food. Their intelligence makes them adept at finding meals near people, which can lead to undesirable behaviors like begging. It's important to note that feeding wildlife, including ravens, is illegal in many parks, as it encourages these behaviors.

Ravens are among the smartest birds, adapting to human presence and taking advantage of any opportunity for food. Despite their sometimes problematic behavior, they are simply acting according to their nature.





## Just for Laughs

Seen on TikTok: "Women who give birth after age 33 have double the chance of living past the age of 95. And those who give birth after 40 are 4 times more likely to reach 100. It's cuz every time we try to die, one of our kids needs something."  $\odot$  $\odot$  $\odot$ I asked my wife if I was the only one she slept with. She said yes-the others were 7's and 8's.  $\odot$  $\odot$  $\odot$ How do you make a tissue dance? You put a little boogie in it.  $\odot$  $\odot$  $\odot$ How do flat-earthers travel? On a plane.  $\odot$ I ordered a chicken and an egg from Amazon. I'll let you know.  $\odot$  $\odot$ 

## Uncle Sam Day is September 13



*Uncle Sam Day* celebrates an important and powerful symbol of America. Uncle Sam is certainly one of America's most recognized symbols. He is second only to the American Bald Eagle. He appears on everything from military posters to cartoon images to advertising media. On military posters, he is usually shown with the caption "I want you!" He is perhaps, the most recognizable symbol in the world.

There are two theories as to how our famous uncle came into existence. Both theories date back to the early 1800s.

The officially recognized theory dates back to soldiers stationed near Troy, New York during the war of 1812. Barrels of meat they received was stamped "U.S." The supplier was Samuel Wilson of Troy, New York. Soldiers jokingly referred to him as "Uncle Sam." In 1813, the first image of him appeared. In 1961, the U.S. Congress issued a resolution recognizing "Uncle Sam" Wilson and authorizing a monument in his hometown in Troy, NY.

There is a second, less popular theory of his creation. During the early 1800s, Irish immigrants were coming to America. Some believed that Uncle Sam emerged from these immigrants. In their Gaelic language, the United States of America was "Stáit Aontaithe Mheiriceá", abbreviated "SAM."

Uncle Sam Day became official in 1989 when a joint resolution of Congress designated September 13 "Uncle Sam Day." This date was selected because "Uncle Sam" Wilson was born on September 13, 1776.

Did you know? There are other human symbols representing our country. However, none are anywhere near as popular. They include Brother Jonathan, who largely disappeared after the arrival of Uncle Sam, and Columbia, a female.

#### How to Celebrate Uncle Sam Day

• Get some of his posters and display the at home, in school, or in the office.

- Read a little more about the history of this important American icon.
- Have a party or picnic in his honor. Only include American dishes.
- Teach others about this very special uncle.
- Include his image on emails you send today.







Please, please remember to be courteous and pick up after your dogs! We would like this to be a clean and friendly neighborhood. Everyone must contribute. Thank you!



September 2024 Water Aerobics 10:30 AM Mondays and Wednesdays Monday Tuesday Wednesday Thursday Friday Saturday Sunday 3 1 2 4 5 6 7 Hand & Foot Pinochle 1:00 PM 1:00 PM/\$1 Texas Hold 'Em 5:30 PM ABOR DAY 8 9 10 11 12 13 14 Pool 5:30 PM Potluck Dinner & Hand & Foot Pinochle 1:00 PM Bingo 5:30 PM/\$1 1:00 PM/\$1 Card Texas Hold 'Em 5:30 PM 15 17 20 21 16 18 19 Ice Cream Social Pool 5:30 PM Hand & Foot Pinochle 1:00 PM **Board Meeting** 6:00 PM 1:00 PM/\$1 10:00AM Texas Hold 'Em \$.75/scoop 5:30 PM 24 27 22 23 25 26 28 Pool 5:30 PM Hand & Foot Pinochle 1:00 PM Movie Night 6:30 1:00 PM/\$1 PM "Last Holiday" Texas Hold 'Em 5:30 PM 29 30 31 Pool 5:30 PM In addition, there is usually a card or board game going on weekdays at 1:00 or 1:30. Check the signup sheets in the clubhouse or just show up and join in!