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October 2024



Harrisburg Views

Board Members:

Chuck McDowell (President);
 John Gansereit (Vice
 President); Kenny Allred
 (Treasurer); Laura Schmitt
 (Secretary); Carole Pendleton,
 Virginia Bell, and Matt
 Frampton (Board Members).

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Greetings, friends and neighbors!

I came across this story a long time ago and I've been saving it for October.

* * *

A man was walking home alone late one foggy night, when behind him he hears:

Bump... Bump... Bump...

Walking faster, he looks back and through the fog he makes out the image of an upright casket banging its way down the middle of the street toward him!

Bump... Bump... Bump...

Terrified, the man begins to run toward his home, the casket bouncing quickly behind him.

FASTER... FASTER... FASTER...

BUMP... BUMP... BUMP...

He runs up to his door, fumbles with his keys, opens the door, rushes in, slams and locks the door behind him. However, the casket crashes through his door, with the lid of the casket clapping.

Clappity-BUMP... Clappity-BUMP... Clappity-BUMP...

Turning on his heels, the terrified man runs. Rushing upstairs to the bathroom, the man locks himself in. His heart is pounding; his head is reeling; his breath is coming in sobbing gasps.

With a loud **CRASH** the casket breaks down the door! Bumping and clapping toward him. The man screams and reaches for something—anything--but all he can find is a bottle of cough syrup!

Desperate, he throws the cough syrup at the casket... and ...

.....

The coffin stops.

* * *

Happy Halloween!

Maria Allan

Editor





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Strange BUT TRUE

Ikea rugs were used for the Night's Watch cloaks in *Game of Thrones*. They shaved and dyed the rugs to make them look like medieval cloaks.



The blob of toothpaste on your toothbrush has a name. It's called a nurdle.



A blue whale's tongue can weigh as much as a young elephant. The tongues of some whales are large enough that even an adult elephant could fit on it!



Crocodiles can't stick out their tongues. A sturdy membrane sticks the alligator's tongue to the roof of its mouth.



There's an ant species that's unique to New York City. Biologists found them in a specific area of New York City and named them ManhattAnts.

The Bargaindales table brought in \$90 for the month of September!! Please remember that items are not free—put your donations in the box.

For those of you who are new, The Bargaindales table is located in the southeast corner of the clubhouse, near the pool table. This is where residents can donate items in good condition that are no longer being used. You can also purchase anything on the table that you want to have for a price that you think is reasonable. Put your payment in the locked box on the wall next to the table. Your donations go to the Activity Committee, the Improvement Committee, and the Newsletter to pay for all the fun activities we have and putting in new flowers, etc. Contact MaryAnn if you have something to donate.

News from the Board

By Chuck McDowell

In the last month's article, the HEOA Board suggested that it might make sense for us to partner with the Washington County Water Conservancy District on our upcoming asphalt projects, considering that the Water Conservancy District was already engaged in a road project out on Old Hwy. 91.

After further thought and discussion we have changed course on this just a bit. It has been suggested that we install two more gate valves. One for Scenic Circle and a separate one for Cottonwood Lane. That way we won't have to shut off the water to the whole park when something breaks in any specific area of the park. That is the last two shut off valves needed for that purpose.

We previously discussed the possibility of doing some asphalt projects which may or may not happen, depending on the budget. The shut-off valves are expensive in and of themselves. Our Treasurer, Kenny Allred is researching that question now.

We discovered that the cost of the project would be significantly higher given the per square foot price the County was quoting us versus the bids we had already obtained. Many thanks to John Gansereit, Dave Comerzan and Stan Roberts for gathering competitive quotes from local asphalt companies!

The thought was shared during that discussion that while we have the roads excavated, we could replace the plumbing pipes underneath. It doesn't make any sense to dig up the roads twice.

The pecking order is (1) Scenic Circle followed by (2) the asphalt in front of the Clubhouse followed by (3) Cottonwood Lane. We would appreciate public input on all three of those projects.

Have a great October!

Cheers,
Chuck McDowell
Harrisburg HEOA President



Baked Parmesan Zucchini

from bakingmischief.com

Ingredients

- 2 medium zucchini, sliced into 1/4 to 1/2-inch rounds
- 1 tablespoon olive oil
- Salt and pepper
- 1 cup grated parmesan pre-shredded



Instructions

1. Preheat oven to 450°F and line a broil-safe baking sheet with foil (optional for easier clean up).
2. Place zucchini slices on baking sheet and drizzle with olive oil. Toss until well-coated. Spread slices out into a single layer.
3. Sprinkle generously with salt and pepper.
4. Top each slice with parmesan.
5. Bake on center rack for about 10 minutes, until zucchini is just fork tender. Set broiler on high and broil for 2 to 3 minutes, until cheese is bubbly and browned.
6. Serve and enjoy!

Tips and Tricks:

- Be strategic about how you slice your zucchini: Prefer softer zucchini? Slice it into thinner rounds, around 1/4-inch thick. Like your baked zucchini on the firmer side? Cut it thicker, closer to 1/2-inch.
- Don't skip the broiler: The final step in this recipe after roasting your zucchini is to switch on the broiler and broil the rounds for just a couple minutes. This makes the cheese extra toasty and delicious. But keep a close eye on your zucchini while the broiler is going. Food under the broiler can burn very quickly, so you never want to leave your broiler unattended.
- These bites are great alongside almost anything, particularly simple lunch sandwiches or if you have leftover Pizza Sauce or marinara sauce in your fridge, serve these as a snack and use them for dipping. You can even add chopped pepperoni if you have it (layer it under the parmesan before baking).



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Angels, Fairies & Cherubs ~ Oh My

*Tubed
by
Ina*



Getting older is like visiting an all-you-can-eat buffet. What should be hot is cold, what should be firm is limp and the buns are bigger than anything else on the menu.



October Birthdays

Happy Birthday to all our friends and neighbors born in September!

- 1st - Richard Palfreyman
- 2nd - Joe Macari
- 4th - Ray Spigner
- 7th - Tara Wilson
- 15th - Cassandra Ward
- 14th - Thomas Metcalf
- 20th - Jean Latham
- 21st - Steve Anderson
- 23rd - George Gadd
- 24th - Dan Funk
- 24th - Cheryl Thompson

Fall Word Search

C U W V B F K S Q S W H A R V E S T H G
 O Y S M A N T A T O U U O G K R P M L E
 A C F D F O O T B A L L W B T Q W O Z B
 S E E Z Z A G E R Y N T U E N I B E X R
 W J P N X T B U W A A P P L E C I D E R
 E A U O A H U D C N U T U U U N C T A Q
 A P R V S A U U R K K P P Z M H R B C T
 T P L E A N N O J Y S R P C U P A G I C
 E L E M J K C A D B E F W K E U K Y M K
 R E A B U S K F Y O P L I O H Z E I Y B
 P S V E L G P H L N T Z H P S J S Q N O
 Q Q E R S I Q A W F E Y E M U W E Q J O
 J N S O M V V C N I M C O Q N R M W K T
 T B M E K I F Z B R B R Y C F K N L J S
 V Y A P N N Q K G E E A V G L U T A A O
 V N R R D G H N A B R U Q T O O N I G V
 C Y A O O P I Q O N H T X F W J Z Y P E
 L C X F E A L T K O E U W Z E S U P P B
 R D E F I D C W K O Q M Z Q R B F Z U S
 D R Q R J O V Z O Y W N C J G R K N E U

- | | | |
|---------|--------------|-----------|
| CORN | THANKSGIVING | PUMPKIN |
| AUTUMN | HARVEST | FOOTBALL |
| BONFIRE | LEAVES | SWEATER |
| BOOTS | CARNIVAL | NOVEMBER |
| OCTOBER | APPLES | SEPTEMBER |
| RAKE | APPLE CIDER | SUNFLOWER |



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Bald and Free Day is October 7

Bald and Free Day is always observed on October 7

Bald and Free Day is an October 7 holiday that honors those of us with a beautiful, shiny top. You don't have to be bald to celebrate this day. But, it helps. People who are married to or related to a bald person can celebrate with the honoree.

Enough with the bald jokes. There will be zero tolerance for them today. Rather, today is a day to cherish and appreciate the freedom that comes with being bald. While the rest of us are spending money on haircuts, hair shampoo, hair sprays, combs, and such, the bald guy is smiling as he saves money and time.

Upon becoming a lucky bald guy, you are finally freed of the worry and fret that other guys have, as they wonder for years:

“Will I lose my hair?”

“Is my hair turning grey?”

Better still, bald guys are much happier. In addition to saving money on haircuts and hair accessories, they never had a “bad hair day”. One thing is for certain, bald guys will never let the ladies run their fingers through their hair. But, they will let you rub the top of their head.

So, if you are bald, enjoy your freedom, as you celebrate Bald and Free Day.

How to Celebrate Bald and Free Day

- If you are bald, just enjoy the day.
- Do not wear a hat or baseball cap.
- Let others rub the top of your head.



*Vampires sleep all day,
fly wherever they want for free,
and can't see themselves
in a mirror.
Where do I sign?*



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Things to Do: Western States Classic Draft Horse Show

Come cheer on your favorite 6-horse hitch and classic cart as they compete to qualify for the final fifteen.

The top fifteen-point earners – five hitches from each major breed category – Belgians, Clydesdales/Shires and Percherons are invited to participate in World Finals.

Take a barn tour with your family and friends to the gentle giants and their hitch team up close and personal.

October 3 1:00 pm - 4:00 pm Washington County Legacy Park, 5500 West 700 South, Hurricane. Phone 719-371-0248 for ticket information or visit

westernstatesclassic.com/grand-junction%2C-co

For more fun things to do, go to greaterzion.com/upcoming-events/ and scroll down to the calendar.



Activity Committee Report

Happy Fall! We've had a pretty quiet (and hot!) summer, and are looking forward to cooler weather and the return of our snowbirds!

In September we had fun at the potluck again, but a pretty small turnout. We hope you are able to join us next time.

The ice cream social is always fun and people are really liking the "different" flavors we've been serving.

On the calendar for October:

Tuesday, October 1 at 5:30 – 6:30: One of our awesome newsletter sponsors, Amy Twiggs, will be available for an open house to share information on the latest updates to Medicare programs. There are going to be some changes coming, so plan on attending. If you need more in-depth personal attention, you'll be able to set up an appointment for a personal consultation.

Tuesday, October 8 at 5:30 PM: Potluck dinner and bingo. True potluck – it's always fun to see what everyone brings. Bingo cards are \$1 apiece. The funds are divided up for prizes. We play 4 games.

Sunday, October 20 at 6:00 PM: Ice cream social. Only 75¢ a scoop, including a wide variety of toppings! Yum! Come have some dessert and visit.

Saturday, October 26 at 9:00 AM: FREE Qigong class taught by Hollee Mae, a frequent guest in the park. This is a gentle exercise similar to Tai Chi and is appropriate for all ages and abilities. Come check it out! Hollee is a certified instructor, and is looking forward to sharing her talents with us. Wear loose clothing that's easy to move around in.

Saturday, October 26 at 6:30 PM: Movie night – "Ghostbusters," with a great comedy cast. Perfect fun movie for Halloween! (Rated PG)

They Said It

"The secret of staying young is to live honestly, eat slowly, and lie about your age."—*Lucille Ball*

☆ ☆ ☆

"You are only young once. After that you have to think up some other excuse."—*Billy Arthur*

☆ ☆ ☆

"By the time you're 80 years old you've learned everything. You only have to remember it."—*George Burns*

☆ ☆ ☆

"You can't believe everything you hear—but you can repeat it."—*Anonymous*

☆ ☆ ☆

"A gossip is a person who creates the smoke in which other people assume there's fire."—*Dan Bennett*



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Puzzle with a Prize!

Congratulations to **Naomia Rogers**, August's winner of the \$20 certificate to **Triple TJ's Cafe**. The solution to the puzzle was: 1 – White Sands; 2 – Grand Teton; 3 – Yellowstone; 4 – Everglades; 5 – Death Valley; 6 – Denali; 7 – Redwood; 8 – Arches; 9 – Zion.

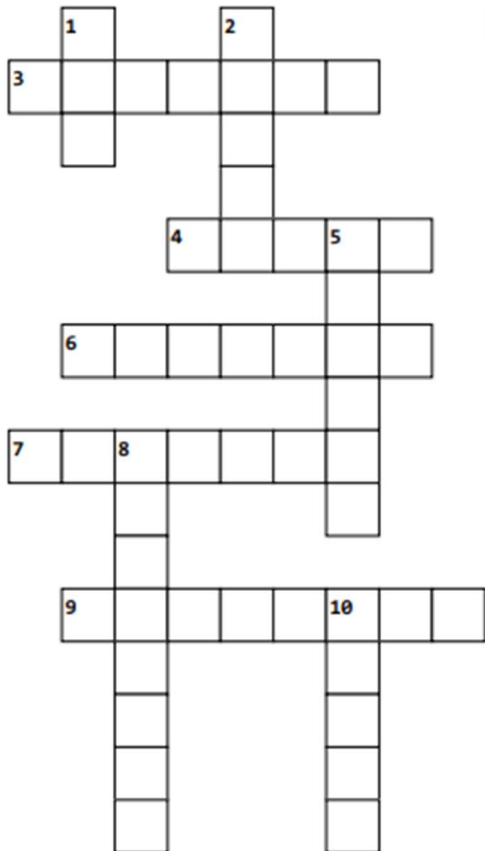


There were only four entries this time, so your odds of winning are still good! This month's prize is a \$20 gift card to **The Trading Post** in Leeds. The theme this month is "Halloween." Find the names of common Halloween objects.

The rules & fine print: Drop your entry in the yellow contest box inside the clubhouse. Be sure to include your name, Harrisburg address, phone number and the solution to the puzzle on your entry. Good luck! (If you're out of town, you can email your entry to marvelousmom2@yahoo.com, and I'll put it in for you.)

Entries must be submitted by 10/18. The winner will be drawn from the entries with at least 5 correct answers, so if you don't know them all, give it your best guess and enter anyway! The solution and winner will be announced next month. The contest is limited to Harrisburg residents. Limit one entry per household. Limit one winner per household (to give everyone a chance). If you've already won, you can still enter for the fun of it; you just won't be eligible for another prize for 6 months (**unless nobody else enters—which is very possible**). You can't win if you don't enter!

Halloween



- Across**
3. Comes out at night to bite your neck!
 4. Spirit who haunts you
 6. What we carve for decorations
 7. What we wear for Halloween
 9. 2 Down's favorite pet (2 words)

- Down**
1. Flies at night catching bugs
 2. Scary old lady with a pointed hat
 5. Bug with 8 legs
 8. "Bony" person
 10. Children get this when they knock on your door



Congratulations to Naomia Rogers, the winner of the September drawing!

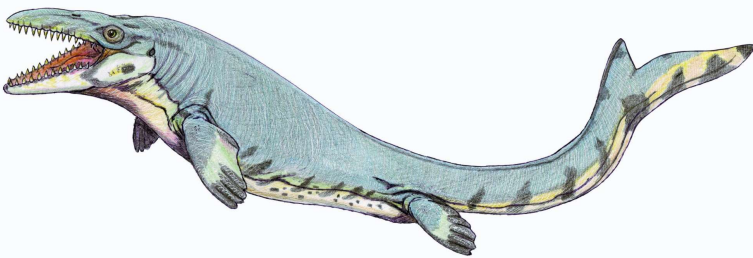
Geology: the Cretaceous Period

by Karen Brunette

The center of the North American continent was once covered by a vast but shallow inland sea which rested on continental crusts formed from tectonic plate movement and mountain building (the breaking up of Pangaea). The sea connected the Arctic Ocean to the Gulf of Mexico and was in some places up to 2500 feet deep. The 2 land masses on either side of this sea are known as Appalachia on the east and Laramidia on the west. This occurred during the middle Cretaceous Period of time, 125 to 100 million years ago. Large dinosaurs still roamed the earth.

Earth at that time had a greenhouse climate caused by volcanic eruptions and no polar ice caps. This climate produced abundant plant life which produced large amounts of atmospheric oxygen. All oceans were much larger and continents much smaller. Our Great Plains were left when the ocean finally dried up, giving us amazingly fertile soil. Some of the best dinosaur fossils can be found near the shorelines of that inland sea. In Utah, the National Dinosaur Monument in Vernal, and Bryce Canyon National Park are 2 leftovers from this vast sea.

Some of the largest sea creatures thrived in the sea. The mosasaurus (the monster that jumped up and ate a shark in the "Jurassic World 2" movie and plesiosaurus (Loch Ness Monster), as well as giant sea turtles and ictheosaurs. This was also home to pterosaurs or commonly called pterodactyls. Fossils of these and shore living dinosaurs can be found from Northern Canada, through the Great Plains into Mexico.



H.I.C. Chronicles

Work parties have been started again with the cooler weather. The front property has been weeded, it looks great, but any remaining weeds have to be sprayed. In the coming weeks we'll concentrate on Memorial Park.

*We love our volunteers!
Gerald says
Colleen Liechty
is "Volunteer of
the Month."*



*We filled the
trailer with
weeds and
everyone
worked hard.
Come join us!
We have fun!*





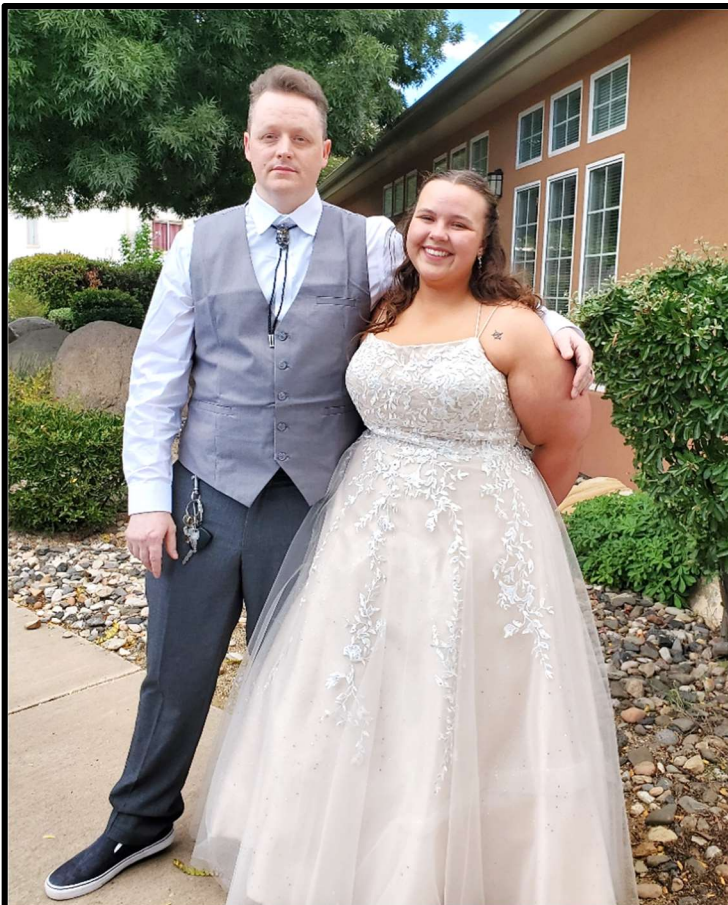
Around the Neighborhood!

A huge thank-you goes out to Fred Smith and Ed Nowlin. They got together to replace the flag at the entrance to Harrisburg on 9/11 as a fitting tribute to those who fell on that day. The old flag was really worn and battered, and they felt it was time to replace it. Fred is a retired firefighter and Ed is retired from service in the Air Force. Steve Hart will make sure that the old flag will be disposed of properly.

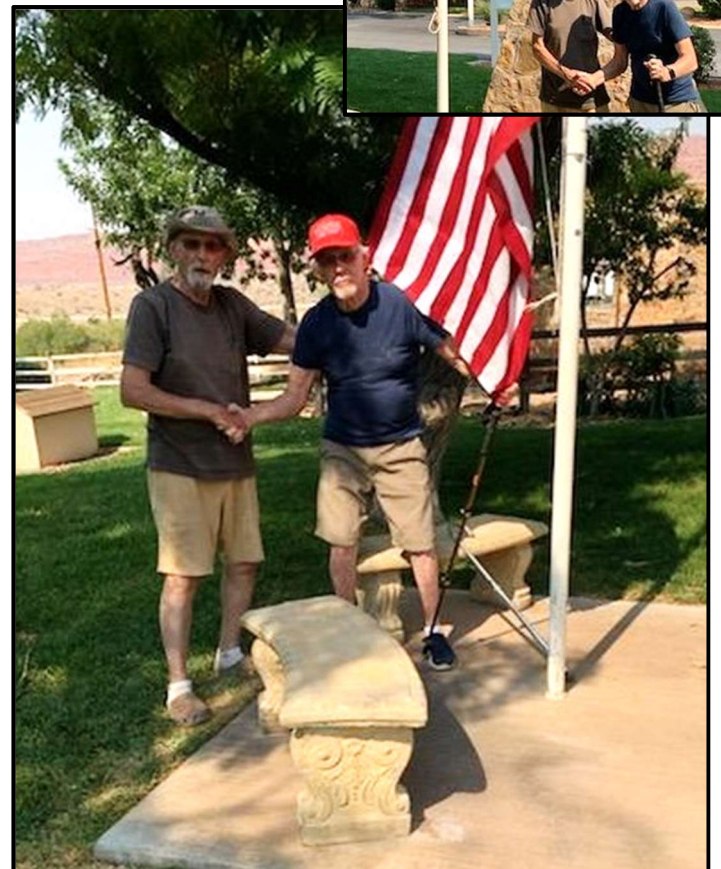
Congratulations to Krystal & Jeremy Piercy of 42 Redbluff, who were married on September 15th in the clubhouse. A beautiful couple!



Fred & Ed putting up the new flag.



Jeremy & Krystal Piercy



Red Rock

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Just for Laughs

Imagine if you walked into a bar and there was a long line of people waiting to take a swing at you. That's the punch line.



My wife left me because of my obsession with pasta. I'm feeling cannelloni right now.



What's an astronaut's favorite part of the computer? The Space Bar.



I was playing chess with my friend and he said, "Let's make this interesting." So we stopped playing chess.



I was in a job interview the other day and they asked if I could perform under pressure. I said no, but I could perform Bohemian Rhapsody.



Friendly Reminder:



Please, please remember to be courteous and pick up after your dogs! We would like this to be a clean and friendly neighborhood. Everyone must contribute. Thank you!





October 2024



Water Aerobics 10:30 AM Mondays and Wednesdays

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Medicare open house with Amy 5:30-6:30	2 Hand & Foot 1:00 PM/\$1 	3 Pinochle 1:00 PM Texas Hold 'Em 5:30 PM 	4	5
6	7 Pool 5:30 PM 	8 Potluck Dinner & Bingo 5:30 PM/\$1 Card 	9 Hand & Foot 1:00 PM/\$1 	10 Pinochle 1:00 PM Texas Hold 'Em 5:30 PM 	11	12
13	14 Pool 5:30 PM Columbus Day	15	16 Hand & Foot 1:00 PM/\$1 	17 Pinochle 1:00 PM Texas Hold 'Em 5:30 PM 	18	19
20 Ice Cream Social 6:00 PM \$.75/scoop 	21 Pool 5:30 PM 	22	23 Hand & Foot 1:00 PM/\$1 	24 Pinochle 1:00 PM Texas Hold 'Em 5:30 PM 	25	26 Free Qigong class in the clubhouse 9:00 AM Movie Night 6:30 PM "Ghostbusters"
27	28 Pool 5:30 PM 	29	30	31 HAPPY HALLOWEEN 		In addition, there is usually a card or board game going on weekdays at 1:00 or 1:30. Check the signup sheets in the clubhouse or just show up and join in!