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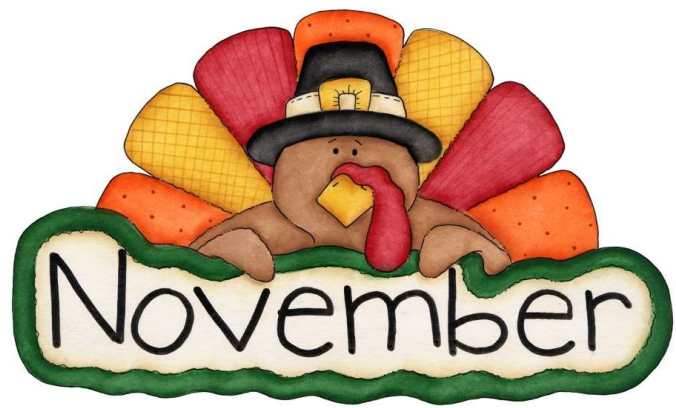
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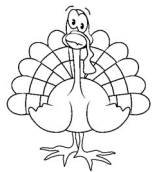
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November 2024



# Harrisburg Views

## **Board Members:**

Chuck McDowell (President);  
John Gansereit (Vice  
President); Kenny Allred  
(Treasurer); Laura Schmitt  
(Secretary); Carole Pendleton,  
Virginia Bell, and Matt  
Frampton (Board Members).

## **Newsletter:**

Editor: Maria Allan  
For submissions, please email  
marvelousmom2@yahoo.com  
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month.

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## **Greetings, friends and neighbors!**

As Thanksgiving approaches, it's easy to feel overwhelmed by everything happening in the world, and even in our own lives. The news can sometimes seem like one big stream of bad events, and we all face personal challenges that can feel close to home. But even during tough times, Thanksgiving is a gentle reminder that we can still find reasons to be grateful—sometimes in the most unexpected places.

Gratitude doesn't always have to come from something big. It can be found in the small, simple moments that bring us joy. It might be the sound of laughter around a dinner table, the beauty of fall leaves swirling in the breeze, or a kind word from a neighbor or friend. And if we're lucky, maybe it's the comfort of spending time with loved ones, whether gathered around a table for a big meal or connecting by phone or video call from miles away.

During this season, it's important to take a step back and appreciate these moments. We might not be able to control the world around us, but we can choose to focus on the good that's present in our lives. Sometimes, just a little reflection can remind us of how much there really is to be thankful for—whether it's good health, a warm home, or simply the ability to share and celebrate with others.

So, as we celebrate Thanksgiving this year, let's embrace these small blessings, hold onto them, and let them bring us a sense of peace. Wishing you all a warm, joyful Thanksgiving filled with gratitude, love, and heartwarming moments.

Happy Thanksgiving!

Maria Allan

Editor

## Salted Caramel Rice Krispy Treats

from *OurBestBites.com*

### Ingredients:

- 6 cups Rice Krispies
- ½ cup unsalted butter
- ½ cup dark brown sugar
- ¼ cup heavy whipping cream
- 1 Tbsp. light corn syrup
- 1 tsp kosher salt or flaked sea salt, plus more for sprinkling on top
- 10 oz. (plus 1 cup) mini marshmallows

### Instructions:

1. In a large, heat-proof bowl, toss together the Rice Krispies and 1 cup of mini marshmallows. Set aside.
2. Spray an 8x8" baking pan with non-stick cooking spray and set aside.
3. In a large, heavy pot, melt the butter over medium-high heat, stirring constantly. When it's melted, reduce the heat to medium and add the brown sugar, whipping cream, and corn syrup and cook for about 7 minutes, stirring frequently to keep the caramel from scorching.
4. When the caramel is thick and syrupy, add in the salt and stir to combine, then remove from heat and add the 10 ounces of marshmallows. Stir until the marshmallows are completely melted, then quickly pour over the Rice Krispies and stir quickly to coat completely.
5. Press into the prepared baking pan and sprinkle with sea salt. Allow to cool completely and then cut into squares.

These are made in an 8x8 pan and are super thick. You can place the mixture in a 9x13 for thinner squares, or simply double the recipe in a 9x13 for a large, thick batch. Or, if you make these for a crowd, triple the recipe and use a 12x17 pan and they are extra thick!



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**The Bargaindales table brought in \$54 for the month of October!!**

**Please remember that items are not free—put your donations in the box.**

For those of you who are new, The Bargaindales table is located in the southeast corner of the clubhouse, near the pool table. This is where residents can donate items in good condition that are no longer being used. You can also purchase anything on the table that you want to have for a price that you think is reasonable. Put your payment in the locked box on the wall next to the table. Your donations go to the Activity Committee, the Improvement Committee, and the Newsletter to pay for all the fun activities we have and putting in new flowers, etc. Contact MaryAnn if you have something to donate.



## News from the Board

By Chuck McDowell

The Board would like to welcome back the snowbirds we see streaming back into the park. This place becomes somewhat of a “true” ghost town in the summer months at times.

We have missed you!

Our thought this month was to simply announce the results of our CC&R / REINVESTMENT FEE (filing fee) validation vote. The final tally revealed a bit of “good news / bad news” (depends on your perspective, of course). The final tally was 143 lot owners responded in total. We see the results as follows:

- (Restated Declaration/ revised CC&R’s - 121 yea, 22 nay so this passes.
- Reinvestment Fee - 106 yea, 37 nay so this falls just a bit short.

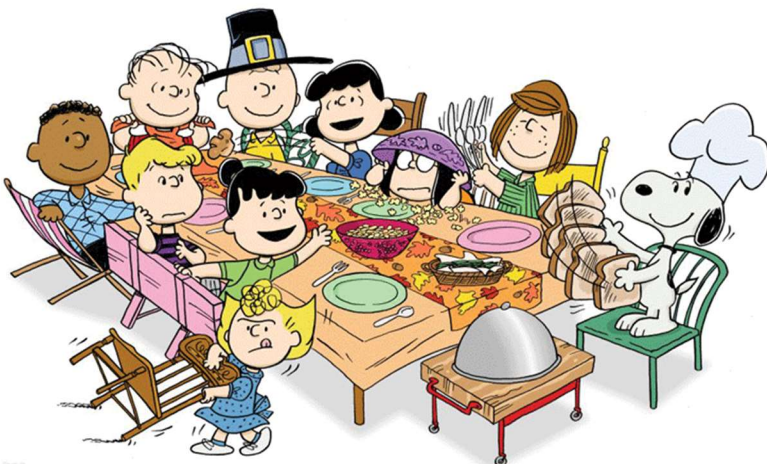
A note on the Reinvestment Fee: Clearly the owners approve of the Reinvestment Fee. It has received the majority of the yea votes by the owners in not just one election but now in a second full membership vote as well!

We will discuss further with our attorneys and see if there's a way we can keep charging this “filing fee” (capped at \$350) going forward.

Stay tuned.....

Have an awesome November and a very happy Thanksgiving!

Cheers,  
Chuck McDowell  
Harrisburg HEOA President



## Strange BUT TRUE

If it were possible, you could fall to the center of the Earth in 19 minutes. Thankfully, no one has tried this yet.



Hawaiian pizza was invented in Canada by a Greek immigrant who was inspired by the mix of sweet and savory flavors found in Chinese food. It went on to become the most popular pizza in Australia.



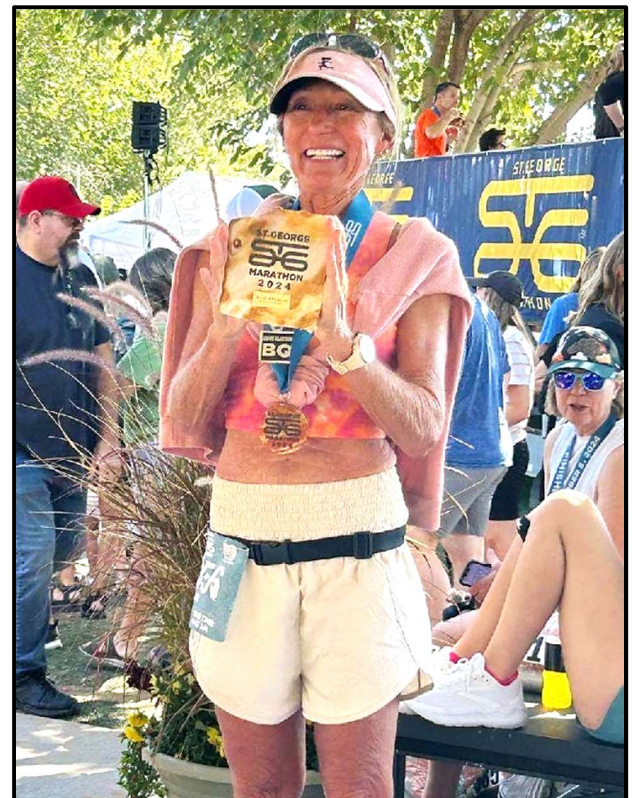
You spend about a third of your life sleeping. If you live to be 75 years old, you will have spent roughly 25 years asleep.



The average adult’s skin weighs around 8 pounds. Your skin is the largest organ in your body and renews itself every 28 days.

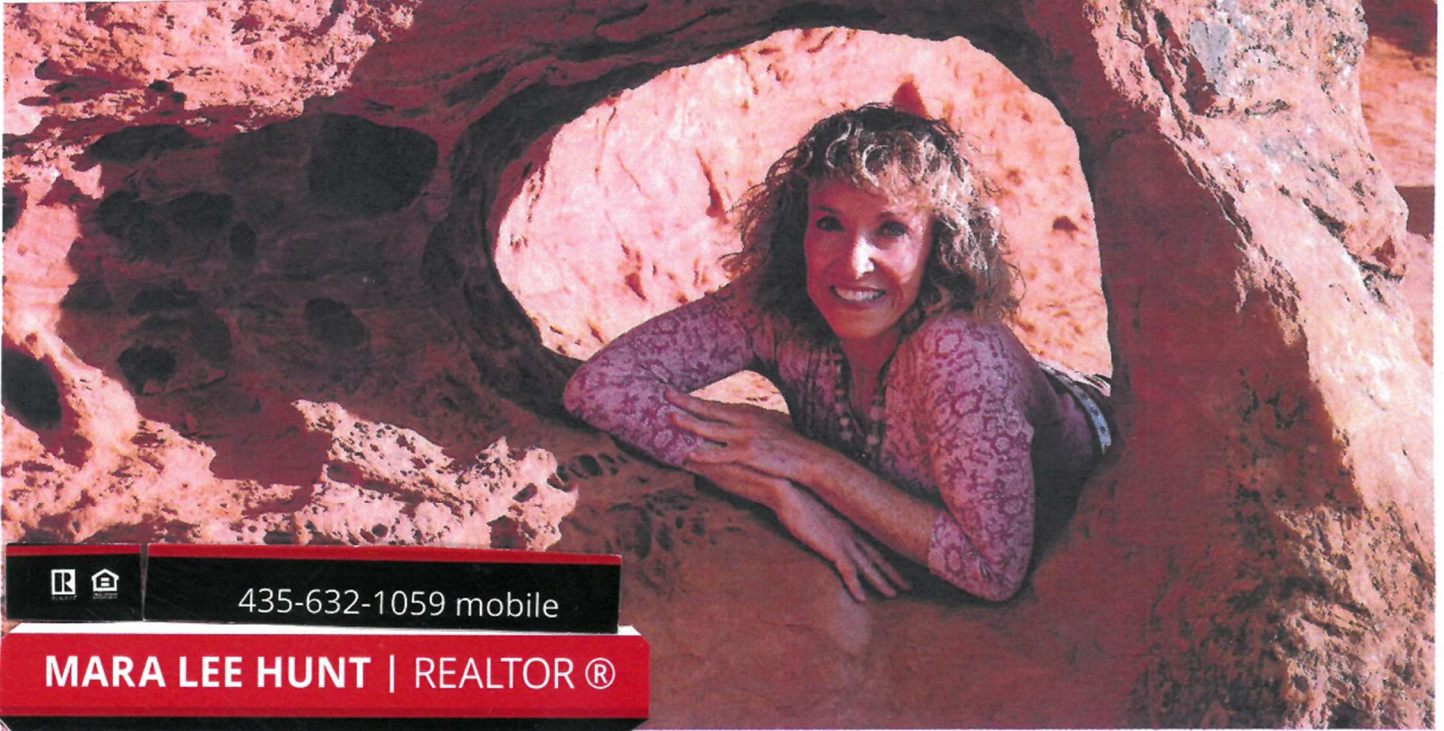


Red wine contains antioxidants that may help improve heart health. In moderation, it can raise good cholesterol and protect against artery damage.



# Red Rock

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## Around the Neighborhood!

We need to congratulate a couple of our neighbors who participated in the Huntsman World Senior Championships.

Mara Lee Hunt's team ("Marslee We Row Along") won silver in the Indoor Row competition. She also participated in the Indoor 5000 meter and 2000 meter Rowing competitions.

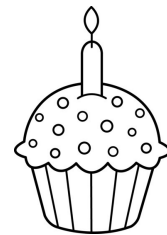
Jodi Ruby raced in the Triathlon, Mountain Bike, and Rowing relay, and won gold in all three events. She also ran in the St. George Marathon the week before and took third place in her age group, qualifying her for the Boston Marthon!

Way to go, ladies! We're very proud of you!

Look for pictures scattered throughout this issue.



I need your eyes and ears. If you know of something noteworthy that our neighbors would find fun or interesting or uplifting, shoot me an email ([marvelousmom2@yahoo.com](mailto:marvelousmom2@yahoo.com)). Bonus points if you have pictures!



## November Birthdays

Happy Birthday to all our friends and neighbors born in November!

3<sup>rd</sup> - Jean Reynolds  
5<sup>th</sup> - Roger Brunette  
5<sup>th</sup> - Vickie Brooks  
8<sup>th</sup> - Carl Andra  
16<sup>th</sup> - Kathy Lamb  
21<sup>st</sup> - Lynn Draper  
25<sup>th</sup> - Lou Anne Robertson

Did we miss your birthday? Please send a note to the editor (see front page) or the office so we can fix it for next year!



Happy  
Thanksgiving!



NOVEMBER  
PLYMOUTH  
THANKSGIVING  
NATIVES  
AUTUMN  
CORNUCOPIA  
CRANBERRIES  
FAMILY  
FEAST  
COLONY  
SETTLERS  
POTATOES  
BREAD  
PILGRIM  
HARVEST  
AMERICA  
PUMPKIN  
MAYFLOWER  
CORN  
TURKEY



**H.I.C. Chronicles**

For October, we worked in Memorial Park and over by “Duck Island,” trimming trees and shrubs and pulling weeds. We’re almost done for the season, and it looks great.

A huge thank you to the volunteers who came out to help!



## Clean Out Your Refrigerator is November 15

What's that in the back of the fridge!? You don't recognize it as it is all dried out and shriveled. You don't want to find out. Don't open it ... the odor may overwhelm you!!! Hold your breath, scrunch your nose if you must, and proceed to the task.

Everything in your refrigerator was once a fresh, healthy food, ready for your consumption. It may have been a tasty leftover, intended for later enjoyment. Unfortunately, over the course of weeks or more, things get pushed to the back of the refrigerator and slowly transform into something impossible to identify.

We've all run across items in the refrigerator that once were tasty food, but now, they are some dried out, mold-covered nasty, that you remove and dispose of at arm's length.

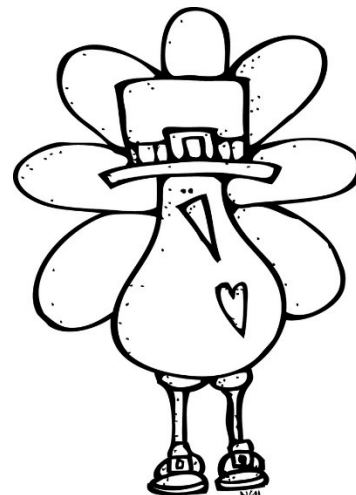
Who wins the prize for the worst refrigerator surprise? Most often, it's workplace refrigerators.

Use this day to clean out your refrigerator, top to bottom. When it comes to food safety, we fall back to the old saying, "When in doubt, throw it out!"

How to Celebrate Clean Out Your Refrigerator Day

- Clean out your refrigerator.
- Remove old refrigerator art and put newer ones on it.
- Organize what is in the fridge so you can better control what's in there and reduce food waste.

Common speculation is that this day was created just in advance of Thanksgiving, to allow room for holiday leftovers.



## Activity Committee Report

We hope you're enjoying the festivities so far and are looking forward to the fun ahead.

The movie for September was "Last Holiday" with Queen Latifah. It was a fun comedy romance. A few people came and enjoyed the movie and the movie snacks!

We'd like to thank Amy Twiggs for once again coming and helping several of our residents learn about the changes in the Medicare programs. If you missed the open house, you can get her number from her ad in this newsletter and make an appointment.

The monthly Potluck dinner and bingo were a great success this month! 10 people attended and the food was yummy and the Bingo game was fun!

The ice cream social on the 20<sup>th</sup> was awesome! The Werners came with delicious Bundt cake to go with the ice cream and we had a great time.

Here's what's happening this month! Mark your calendars and come join in the fun and festivities.

**Every Monday, Wednesday and Friday at 9:00 AM:** Now that colder weather is coming and the pool is closed, there will be exercise time in the clubhouse three days a week. Come join MaryAnn and get some exercise!

**Monday, November 4 at 10:00 AM:** Activities Committee meeting – if you would like to help plan our activities, please come and help us serve the community!

**Sunday, November 10 at 6:00 PM:** Our monthly ice cream social. We moved it up a week this month because of our Thanksgiving dinner. We have a lot of flavors for only 75¢ a scoop. Add a banana for 50¢. Toppings are included.

**Saturday, November 16 at 5:30 PM:** In place of our regular potluck dinner we will have our annual Thanksgiving assigned potluck. Turkey, ham, potatoes & gravy will be provided; sign up to bring a side dish or dessert. We're asking a **\$5 per person** (babies & toddlers no charge) donation to help cover our costs and to support the Activities Committee! There is a sign-up sheet on the counter at the office to sign up for the dish you'd like to bring and also to get a head count of how many we need to expect! We hope it's a really big crowd! The food is great and we have a fun time visiting.

**Saturday, November 23 at 6:30:** Movie night! This month the feature will be "Romancing the Stone," starring Michael Douglas and Kathleen Turner, a fun adventure/romance.

### They Said It

"The only thing worse than being talked about is not being talked about." —*Oscar Wilde*

☆ ☆ ☆

"If you can't be kind, at least be vague." —*Judith Martin*

☆ ☆ ☆

"It's so much easier to suggest solutions when you don't know too much about the problem." —*Malcolm Forbes*

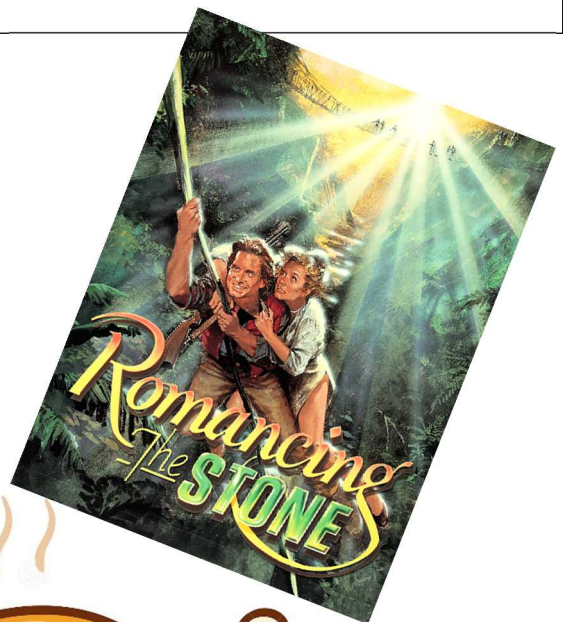
☆ ☆ ☆

"Any fool can criticize, condemn and complain—and most do." —*Dale Carnegie*

☆ ☆ ☆

"People can't drive you crazy if you don't give them the keys." —*Mike Bechtle*

☆ ☆ ☆



## Zion National Park Plein Air Art Event



Springdale, Utah – The Zion National Park Forever Project, in collaboration with Worthington Gallery and Zion National Park, proudly announces the return of the much-anticipated Plein Air Art Event at Zion National Park. After a hiatus and hybrid virtual events due to park constraints, this exceptional event is scheduled to return to the canyon from November 4th through November 9th, 2024, inviting artists and art enthusiasts to explore and capture the breathtaking landscapes of Zion ‘en plein air’.

The week-long festival will commence with a welcoming session at the Worthington Gallery in Springdale. The artists will then spread across Zion, transforming the canyon into their outdoor studios, capturing diverse landscapes throughout the park.

The Worthington Gallery in Springdale will host a series of weekly educational demonstrations. These sessions offer visitors and residents alike a unique opportunity to observe artists at work, learn about their techniques, and gain insight into how the natural beauty of Zion inspires their creations.

The schedule of events for the week can be found at: <https://zionpark.org/2024/https-zionpark-org-2024-the-return-of-plein-air-in-zion-national-park/>

To find more fun and interesting things to do, check out [GreaterZion.com/upcoming-events/](https://GreaterZion.com/upcoming-events/) and scroll to the calendar. You’ll find hundreds of interesting things.



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## *Puzzle with a Prize!*

Congratulations to **Janice Guerra**, October's winner of the \$20 certificate to **Leeds Trading Post**. The solution to the puzzle was: 1 – Bat; 2 – Witch; 3 – Vampire; 4 – Ghost; 5 – Spider; 6 – Pumpkin; 7 – Costume; 8 – Skeleton; 9 – Black cat; 10 - Candy.

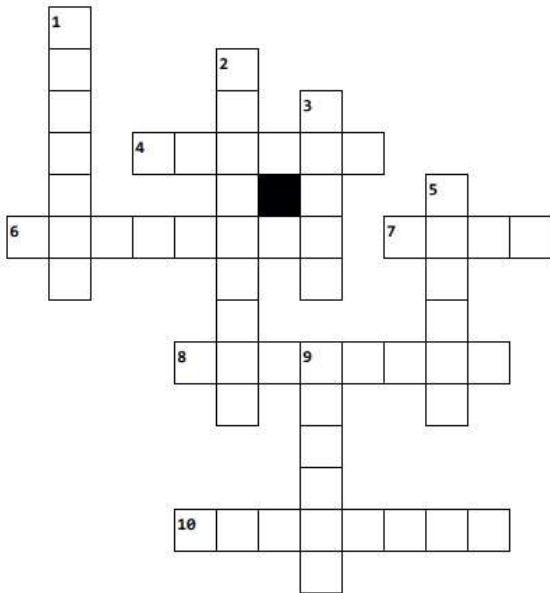


There were eight (!) entries this time, so your odds of winning are still good! This month's prize is a \$20 gift card to **The Black Bear**. The theme this month is "Give Thanks." Find the words associated with Thanksgiving.

**The rules & fine print:** Drop your entry in the yellow contest box inside the clubhouse. Be sure to include your name, Harrisburg address, phone number and the solution to the puzzle on your entry. Good luck! (If you're out of town, you can email your entry to [marvelousmom2@yahoo.com](mailto:marvelousmom2@yahoo.com), and I'll put it in for you.)

Entries must be submitted by 11/18. The winner will be drawn from the entries with at least 5 correct answers, so if you don't know them all, give it your best guess and enter anyway! The solution and winner will be announced next month. The contest is limited to Harrisburg residents. Limit one entry per household. Limit one winner per household (to give everyone a chance). If you've already won, you can still enter for the fun of it; you just won't be eligible for another prize for 6 months (**unless nobody else enters—which is very possible**). You can't win if you don't enter!

### Give Thanks



**Across**

- 4. Many people do this to be with distant loved ones.
- 6. The people who emigrated to the new world.
- 7. Orange root vegetables.
- 8. Favorite sport to watch on Thanksgiving.
- 10. The month of Thanksgiving.

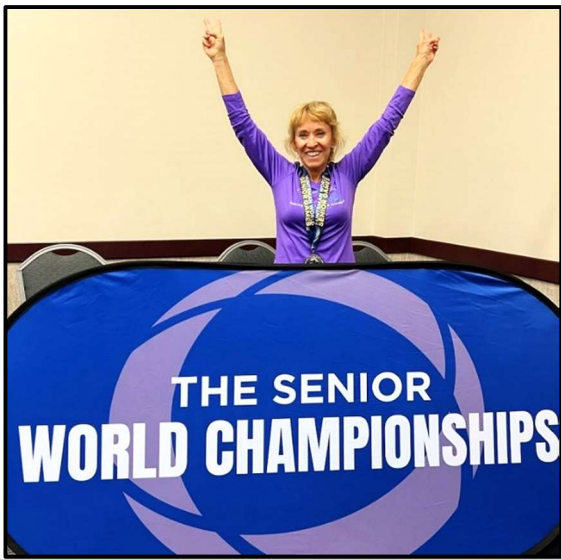
**Down**

- 1. The most popular pie on Thanksgiving.
- 2. Gathering every year is our family \_\_\_\_\_.
- 3. A large spread of good food.
- 5. The group of people you usually celebrate with.
- 9. The roasted bird.



*Janice Guerra was October's winner! Congratulations!*





## Comets

Did you happen to go out and look for the Tsuchinshan-ATLAS comet that was visible in the middle of October? It was barely visible to the naked eye, especially with all the light pollution we have here, but it could be captured with a camera.

This particular comet was discovered in January from a Chinese observatory, and travels at the speed of over 15 kilometers per second. It's calculated to come by our solar system only once every 80,000 years. Its distance from us during the time of its visibility was around 75 million kilometers (about 46 million miles). We tend to think of comets as being small (like meteors), but to be visible from Earth from that distance, it has to be gigantic. In this case, the comet was 130,000 miles in diameter, 16 times the 7,916-mile diameter of Earth, almost twice that of Jupiter!

Comets are like dirty snowballs, made mainly of ice and frozen carbon dioxide with some dust and organic molecules, left over from the formation of the Solar System. They're like "time capsules," telling us what conditions were like in our Solar System 4.5 billion years ago, when the Sun and planets were first forming.

Comets were born in the icy outer regions of our Solar System and beyond. Occasionally, one will make its way in towards the Sun. As it starts to get close to the Sun, the comet warms up, and the ice, carbon dioxide and dust that are trapped inside start to evaporate, bursting out of the comet in bright jets.



They don't come around very often; maybe we'll get another chance in the next few years. Unfortunately, I couldn't find when the next one will be.

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### Just for Laughs

Why didn't the vampire attack Taylor Swift? She had bad blood.



Today I'm attaching a light to the ceiling, but I'm afraid I'll probably screw it up.



I hate it when people say age is only a number. Age is clearly a word.



I can't take my dog to the pond anymore because the ducks keep attacking him. That's what I get for buying a pure bread dog.



Someone complimented my parking today! They left a sweet note on my windshield that said "parking fine."

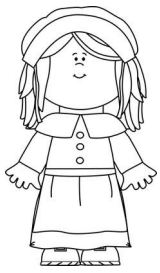


### Friendly Reminder:

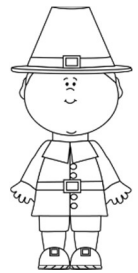


Please, please remember to be courteous and pick up after your dogs! We would like this to be a clean and friendly neighborhood. Everyone must contribute. Thank you!





# November 2024



Indoor Exercise 9:00 AM Mondays, Wednesdays, and Fridays

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
In addition, there is usually a card or board game going on weekdays at 1:00 or 1:30. Check the signup sheets in the clubhouse or just show up and join in!					1	2
3	4 Activities Committee Meeting 10:00 AM Pool 5:30 PM 	5 Election Day 	6 Hand & Foot 1:00 PM/\$1 	7 Pinochle 1:00 PM Texas Hold 'Em 5:30 PM 	8	9
10 Ice Cream Social 6:00 PM \$.75/scoop 	11 Pool 5:30 PM  	12	13 Hand & Foot 1:00 PM/\$1 	14 Pinochle 1:00 PM Texas Hold 'Em 5:30 PM 	15	16 Potluck Turkey dinner 5:30 PM Sign up for a dish in the clubhouse. 
17	18 Pool 5:30 PM 	19	20 Hand & Foot 1:00 PM/\$1 	21 Pinochle 1:00 PM Texas Hold 'Em 5:30 PM 	22	23 Movie Night 6:30 PM "Romancing the Stone" 
24	25 Pool 5:30 PM 	26	27 Hand & Foot 1:00 PM/\$1 	28 	29	30