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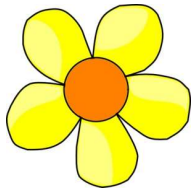
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March 2025



Harrisburg Views

Board Members:

Chuck McDowell (President);
John Gansereit (Vice President);
Kenny Allred (Treasurer); Laura
Schmitt (Secretary); Carole
Pendleton, Virginia Bell, and Matt
Frampton (Board Members)

Newsletter:

Editor: Maria Allan
For submissions, please email
marvelousmom2@yahoo.com
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Office Personnel
Office: 435-879-2745
Fax: 435-879-2752
Email: admin@heoa34.com

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Greetings, friends and neighbors!

March is a month of change. The cold grip of winter loosens, making way for the first signs of spring. The days grow longer, the air shifts, and nature reminds us that change is not just inevitable—it's necessary. Some changes are welcomed with open arms, like the first blossoms of the season, while others come with a sneeze and a scratchy throat. Ah, hay fever—the price we pay for all that fresh air and sunshine!

This month, our community is experiencing its own transition as we elect a new HOA board. Change in leadership can bring new ideas, fresh perspectives, and sometimes a bit of uncertainty. But just like the changing seasons, it's a reminder that growth comes from movement, not from standing still. Each of us has a role to play in shaping our community, and participating in the vote is one way to have a voice in that process. Plus, if you're already out picking up allergy meds, you might as well stop and cast your ballot!

No matter the outcome, embracing change with an open mind and a spirit of cooperation helps ensure that our neighborhood remains strong, welcoming, and connected. Just as we trust that spring will follow winter, we can trust that with patience and participation, our community will continue to thrive.

So as the March winds blow, the world begins to bloom again, and we all start stockpiling tissues, let's step forward with optimism—both for the season ahead and the changes it may bring. After all, growth is just another word for change, and in that, there is always something to look forward to—even if it comes with a bit of sneezing!

Maria Allan
Editor



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About 90% of the world's population is right-handed. Left-handedness is less common, but has been linked to creativity and different cognitive processing styles.



Music can enhance cognitive performance. Listening to music, especially classical, can improve focus, memory, and productivity, known as the "Mozart Effect."



Adult learning enhances brain plasticity. Engaging in new activities, learning new skills, or even picking up a new hobby can help keep the brain young and flexible.



Australia is wider than the moon.



Venus is the only planet to spin clockwise.



Cheese & Herb Monkey Bread

from dailydishdiscoveries.com

Ingredients:

- 2 cans 16.3 oz each refrigerated biscuit dough
- 1/2 cup butter melted
- 2 cups shredded mozzarella cheese
- 1 cup grated Parmesan cheese
- 1/4 cup fresh parsley chopped
- 1/4 cup fresh basil chopped
- 2 cloves garlic minced
- 1 tsp dried oregano
- 1 tsp dried thyme
- 1/2 tsp salt
- 1/2 tsp black pepper



Instructions:

1. Preheat your oven to 350°F. Grease a bundt pan with non-stick cooking spray.
2. Open the cans of biscuit dough and cut each biscuit into quarters.
3. In a large bowl, combine the shredded mozzarella cheese, grated Parmesan cheese, chopped parsley, chopped basil, minced garlic, dried oregano, dried thyme, salt, and black pepper. Mix well.
4. Dip each piece of biscuit dough into the melted butter, then roll in the cheese and herb mixture. Layer the coated dough pieces evenly in the prepared bundt pan.
5. Bake for 30-35 minutes, or until the bread is golden brown and cooked through.
6. Remove the monkey bread from the oven and let it cool in the pan for about 10 minutes. Carefully invert onto a serving plate. Serve warm and enjoy!

Notes

This pull-apart bread is perfect for sharing, whether it's for a party appetizer, a game day snack, or just a fun family meal. Enjoy the gooey cheese, fragrant herbs, and soft, buttery bread in every bite.



Activity Committee Report

by Cindy Bryant

Sooo Mother Nature enjoys teasing us with winter--cool, snow, rain--but spring is in the air! A least we try to think so! For a while I thought we just might be able to open the pool early this year--in March--as we did once in a prior year--but not so! Many neighbors are enjoying the few warm days in between! Great to see so many neighbors out walking the park! Of course takes us a while to get around with all the visiting, but that's what is awesome about our area/community! That's what I love about living here--friendly/caring neighbors!

Our Annual Meeting is coming soon! March 15, 2025 at 10am! Thank you to the 6 neighbors (new & younger) who have stepped up to run for our Harrisburg Board! We have an amazing team of office staff, maintenance (Luis), landscapers who all care and help our park run smoothly! Here's hoping the transition of a new board goes well and continues with the support of our homeowners!

Along with the Annual Meeting is our Annual Activity Committee Luncheon with a Silent Auction! Don't forget to get your luncheon signup sheet and money in ASAP for a head count! WANTED--handy dandy neighbors to donate a craft/item they made (show off your talents) or donate a new item for the silent auction and help the Activity Committee recoup their funds for future activities and projects! We already have some great things but keep those amazing items coming! Thank you for your support! It's truly appreciated!

As I said, Spring is in the air! We are starting to get more neighbors coming out to enjoy our activities! Always great to see and visit with each other! We had a whopping 19 attend our monthly Potluck! Afterwards we had our usual bingo games with a bigger pot due to having more attendees! Yahoo! Heather on Overlook won two games, Neil on Pioneer won a game, Naomia (Overlook) and Steve (Mtn. View) split the final winnings! Always fun--win or lose!!

Then there's our monthly Ice Cream Social the 3rd Sunday of the month! Again a great turn out! It helped that Steve and Kathy's daughter and family came to visit! A nice treat--no pun intended! All in all we had 16 attend! We enjoyed banana splits and a variety of ice cream!! I love my once a month banana split dinner!!

Our monthly Movie Night is the 4th Saturday at 6:30pm. For February, in view of Valentine's Day, we are showed the movie "You've Got Mail" with Megan Ryan & Tom Hanks! For March we plan to speed things up with "Footloose"!

Come enjoy a gathering of friends and neighbors! Help support our activities and any new projects for our community!

Looking forward to April:

Potluck April 8th will be a Spring dinner with a spiral ham provided by the Activity Committee! Please bring a side dish to share!

Ice Cream Social: April 20th 6:00pm

Movie Night: April 26th 6:30pm

Thank you!
Activities Committee

I always find something I've lost when I do my spring cleaning. This year it was my mind.



Potluck dinner -- sorry sideways was the only way it would fit! Ha, ha!

Things to Do, Places to Go

38th Annual Sears Invitational Art Show

This year Utah Tech celebrates the 38th Annual Robert and Peggy Sears Invitational Art Show and Sale.

This fundraising exhibition features a wide variety of subjects, including landscapes, portraits, and still lifes, in a number of media, including oil, watercolor, pastel, acrylic, photography, ceramic, and sculpture. This exhibition, featuring some of the best artists in the West, is always a crowd-pleaser!

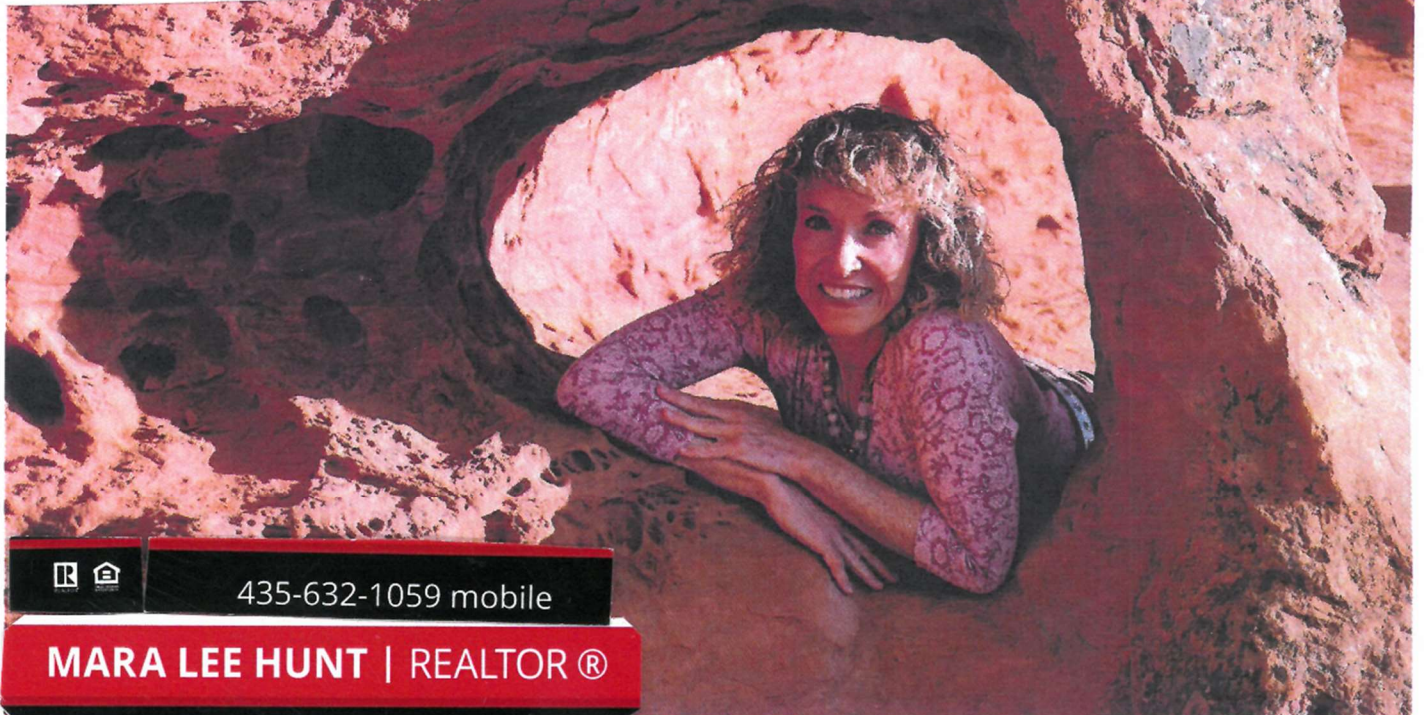
Free admission and open for special exhibition hours: Monday – Saturday, 10 a.m. – 6 p.m., February 15 through March 29, at 155 South 700 East, St George, UT.

For more information, visit www.searsart.com/invitational.

For a complete calendar of events happening in the area, go to GreaterZion.com/upcoming-events/



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March 5 is Cheese Doodle Day

Are your fingers turning a delicious, finger-licking orange? They certainly should be! Today is National Cheese Doodle Day. On this fun holiday, you don't have to limit yourself to just cheese doodles. You can also enjoy cheese balls, cheese curls and cheese puffs. And, aside from the traditional cheese flavor, there are other flavors to enjoy. One thing is certain, every variety you can find is guaranteed to leave you licking your orange fingers. Try them all as you celebrate this holiday.

In 1948, Morrie Yohai, president of Old Country Foods in the Bronx in New York City is credited with creating cheese doodles. He invented them by accident! His company was trying to make a new cornmeal-based animal feed. The equipment malfunctioned, accidentally putting the ingredients under high pressure. Out of the machine, came a light, airy and tubular-shaped tidbit. It was the first cheese doodle. They then experimented with various combinations of the recipe before coming up with the perfect cheese flavor. Shortly afterward, when it hit the market, it was an immediate hit. The Old Country Foods Company experimented and marketed other flavors, too.

Note: There are a few others who claim to have created them. But, they were all at later dates.

Old Country Foods sold the brand and the recipe to Borden company, and later to Wise Foods. Wise Foods sells it today under the name Cheez Doodles.



Eventually, other food manufacturers came out with competing products which they carried under their own product names. In the 1950s, Cheetos surpassed Cheese Doodles in popularity.

Over 15 million pounds of this light and airy snack are manufactured annually.

Famous chef Julia Child was a cheese doodle superfan.

You can make them at home. An internet search will provide you with the recipe. Get the kids involved when you make homemade cheese doodles.





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They Said It

“Some cause happiness wherever they go; others whenever they go.”

—Anonymous

☆ ☆ ☆

“Whoever said money can't buy happiness simply didn't know where to go shopping.” —Bo Derek

☆ ☆ ☆

“One of the keys to happiness is a bad memory.” —Rita Mae Brown

☆ ☆ ☆

“A bore is the kind of man who, when you ask him how he is, he tells you.” —Channing Pollock

☆ ☆ ☆

“She never lets ideas interrupt the easy flow of her conversation.” —Jean Webster

☆ ☆ ☆



Friends and Neighbors at the Potluck Dinner

Puzzle with a Prize!

Congratulations to **Carole Pendleton**, February's winner of the \$20 certificate to **Paula's Cazuela**. The solution to the puzzle was: 1 – Fireplace; 2 – Groundhog Day; 3 – I Love You; 4 – Valentine; 5 – February; 6 – Chocolate; 7 – Cupid; 8 – Adore; 9 – Red; 10 – Roses; 11 – Kisses.

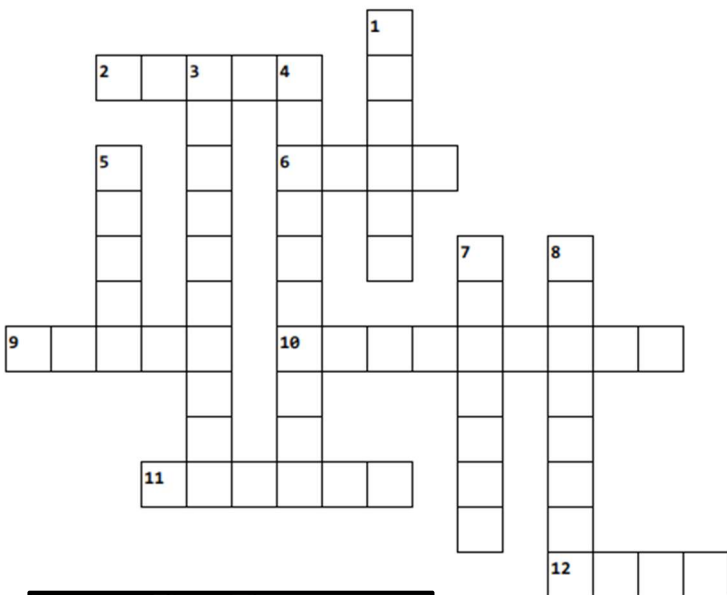
☆ ☆ ☆

We got four entries this time! so your odds of winning are still good! This month's prize is a \$20 gift card to **Paula's Cazuela**. The theme this month is "March is Here!" Find the words associated with St. Patrick's Day and Spring.

The rules & fine print: Drop your entry in the yellow contest box inside the clubhouse. Be sure to include your name, Harrisburg address, phone number and the solution to the puzzle on your entry. Good luck! (If you're out of town, you can email your entry to marvelousmom2@yahoo.com, and I'll put it in for you.)

Entries must be submitted by 3/18. The winner will be drawn from the entries with at least 5 correct answers, so if you don't know them all, give it your best guess and enter anyway! The solution and winner will be announced next month. The contest is limited to Harrisburg residents. Limit one entry per household. Limit one winner per household (to give everyone a chance). If you've already won, you can still enter for the fun of it; you just won't be eligible for another prize for 6 months (**unless nobody else enters—which is very possible**). You can't win if you don't enter!

March is Here!



Across

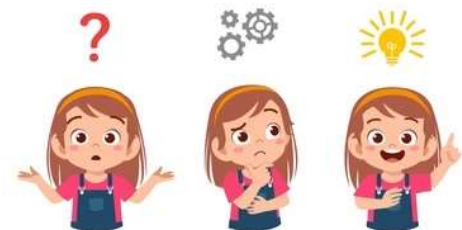
- Plant these in the Fall for flowers in the Spring.
- Water from the sky.
- If you don't wear green, someone may do this to you.
- Pretty, flying insect.
- St. Patrick banished these reptiles from his country.
- 4-leaf clover brings good _____.

Down

- Flowers associated with Holland.
- If you catch one, you get their gold!
- "_____ in the spring" for daylight Saving (2 words)
- Bird associated with Spring.
- St. Patrick was the patron saint of this country.
- Yellow trumpeted flower of Spring.



Carole Pendleton was our February winner! Congratulations!





"I avoided the flu all winter... but spring fever finally got me."



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Just for Fun



I'm addicted to collecting vintage Beatles albums. I need *Help*.



In 2021 I didn't do a marathon. I didn't do one in 2022, 2023, or 2024, either. This is a running joke.



Not to brag but I made six figures last year. I was also named worst employee at the toy factory.



Ever since we started quarantining, I've only been telling inside jokes.



If you're feeling depressed, try drinking a gallon of water before you go to sleep. It'll give you a reason to get out of bed in the morning.



The Bargaindales table brought in \$195 for the month of February!! This is amazing!
Thank you for all your generous donations and contributions!

For those of you who are new, The Bargaindales table is located in the southeast corner of the clubhouse, near the pool table. This is where residents can donate items in good condition that are no longer being used. You can also purchase anything on the table that you want to have for a price that you think is reasonable. Put your payment in the locked box on the wall next to the table. Your donations go to the Activity Committee and the Improvement Committee, to pay for all the fun activities we have and putting in new flowers, etc.



News from the Board

by Janice Hoskinson

Well, we made it through January and February and the weather is looking more and more like spring these days! We hope you all are having a wonderful 2025 and staying happy and healthy.

We are looking forward to our **ANNUAL MEETING AND OPEN BOARD SEATS ELECTION** on Saturday, March 15, 2025 at 10:00 A.M. This is the most **IMPORTANT** meeting of the year! Please plan on attending. All of the ballots have been distributed to everyone – either in person or by mail. Please make sure to get your ballots turned in to the ballot box (located in the clubhouse) or via mail ASAP. Please note: If you are mailing your ballots, please keep in mind that our mail system now goes through Las Vegas and will take extra time to get here, so mail it in early.

Thank you to all who have served on our Board for 2024 and we are grateful to Kenny Allred, Laura Schmitt, and Virginia Bell who will continue to serve on the Board for 2025. We have had success in finding 6 new candidates willing to serve on the Harrisburg Board for the upcoming election. Vickie Brooks, Diane Bright, Natalie Smith, Curtis Koster (who are all on the ballots), as well as two new write-ins – Krystal Glass and Fritz Abelard. We appreciate those who have stepped up to help serve and protect our beautiful community.

Cheers,
Your HEOA Board



H.I.C. Chronicles

The Improvement Committee took a break this month due to cold and rain, but we'll be back to work soon! Watch for the announcement on the electronic sign and be ready to pitch in!

The American Robin: A Sign of Spring

There's something special about spotting the first robin of the year. That cheerful *cheep-cheep* call and bright brick-red chest feel like nature's way of telling us that winter is finally loosening its grip. As one of the earliest signs of spring, the American Robin brings the promise of warmer days, blooming flowers, and green lawns ahead.

Robins are hardworking birds, often seen bounding across yards or standing tall with their beaks tilted upward, as if surveying their surroundings. They have a habit of flicking their tails downward several times when they land—one of their many charming quirks. While we often associate them with backyards and gardens, these adaptable birds thrive in a variety of habitats, from city parks and fields to forests, pastures, and even tundra.

Males and females look similar, though males tend to have a blacker head and slightly richer coloration. Juvenile robins can be a bit tricky to identify at first, with their speckled chests and mottled backs. But if you spot that telltale reddish tinge on their chest, you can be sure you're looking at a young robin growing into its signature colors.

Aside from their beauty and delightful songs, robins play an important role in the environment. They help control insect populations by eating large quantities of worms and insects, making them natural pest managers. When they feast on berries, they unknowingly plant new trees by spreading seeds through their droppings. And because they are so numerous, they serve as an important food source for predators like snakes and hawks, keeping the ecosystem in balance.

So, the next time you hear that familiar song or see a robin hopping across your lawn, take a moment to appreciate this industrious little bird. Whether it's the first robin of spring or part of a winter flock feasting on berries, these feathered friends are a wonderful reminder of nature's rhythms and the changing seasons.





Around the Neighborhood!

It is with deep sadness that we have lost another resident of Harrisburg. **Wendy De La Pena**, who has lived on Scenic Circle for quite some time, passed away on February 1. She was 44 years old.

We welcome **Natalie Smith**, who has moved into the home at **64 Pioneer Way**. Natalie has been a hair stylist for 25 years, and is also a yoga instructor, energy healer and tarot card reader. She is currently pursuing a real estate license, and loves art and photography. She has 5 children – three daughters and two sons, who are grown. She's excitedly looking forward to being a grandma soon. Her son, **Boston**, will be visiting her in the summers and on weekends. She's going to be with us full time.

Let's also welcome **George & Jane Starks**, who have purchased **43 Redbluff**. He is a retired from the Air Force and also is a life & health insurance agent. They have another home in Flagstaff, AZ and have 6 children, 9 grandchildren, and 2 great-grandchildren!



I need your eyes and ears. If you know of something noteworthy that our neighbors would find fun, interesting or uplifting, shoot me an email (marvelousmom2@yahoo.com). Bonus points if you have pictures!



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March Word Search



HAPPY BIRTHDAY!



March Birthdays

Happy Birthday to all our friends and neighbors born in March!

- 1st - Wanda Millhouse
- 3rd - Jackie Gonzales
- 10th - Jeff Blanton
- 11th - Cia Kelly
- 14th - Maria Allan
- 17th - Diane Andra
- 25th - Page Harding
- 28th - Diane Wegner
- 30th - Jackie Evans
- 31st - Shawna Haakenson

Did we miss your birthday? Please give the month and date to the office or contact the editor.



- | | | |
|------------|------------|----------|
| SPRING | IRISH | UMBRELLA |
| MARDI GRAS | LEPRECHAUN | WINDY |
| CLOVER | MARCH | KITE |
| GREEN | EQUINOX | BLOSSOM |
| SHAMROCK | RAIN | FLOWER |





March 2024



Indoor Exercise 9:00 AM Mondays, Wednesdays, and Fridays

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Card Games & Board Games Mon thru Fri at 1:00 in the clubhouse. Sign-up sheets are on the desk.						1
2	3 Pool 5:30 PM 	4	5 Hand & Foot 1:00 PM/\$1 	6 Pinochle 1:00 PM Texas Hold 'Em 5:30 PM 	7	8
9 	10 Pool 5:30 PM 	11	12 Hand & Foot 1:00 PM/\$1 	13 Pinochle 1:00 PM Texas Hold 'Em 5:30 PM 	14	15 Annual Board Meeting 10:00 AM  Fundraiser Luncheon & Auction approx. 12:30
16 Ice Cream Social 6:00 PM 75¢/scoop 	17 Pool 5:30 PM 	18	19 Hand & Foot 1:00 PM/\$1 	20 Pinochle 1:00 PM Texas Hold 'Em 5:30 PM 	21	22
23	24 Pool 5:30 PM 	25	26 Hand & Foot 1:00 PM/\$1 	27 Pinochle 1:00 PM Texas Hold 'Em 5:30 PM 	28	29 Movie Night "Footloose" 6:30 PM 
30	31					