

In this issue >>>

Welcome message: Maria Allan

Around the Neighborhood!

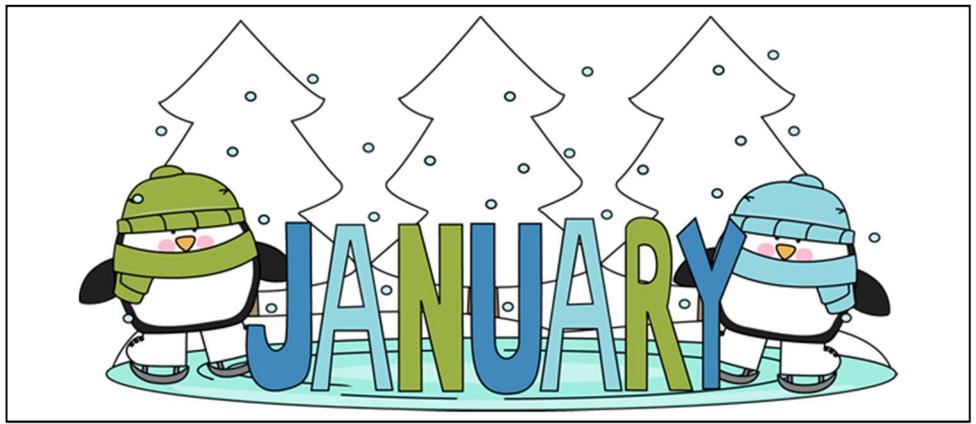
January Birthdays

Activities

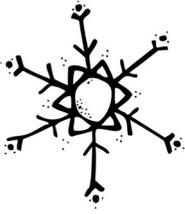
Sponsorships

Calendar

Lots of Fun Stuff!



January 2026



Harrisburg Views

Board Members:

Vickie Brooks (President);
Virginia Bell (Vice President);
Diane Bright (Secretary); Barb
Campbell (Treasurer) Kenny
Allred (Board Members).

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Greetings, friends and neighbors!

As we turn the page on another year, I find myself wondering—where did it go? It seems like just yesterday we were gathered outside for the summer barbecue, enjoying good food, warm weather, and plenty of conversation. Then came November, with our turkey dinner and that wonderful entertainer who had us smiling, laughing, and tapping our toes. Moments like those have a way of slipping by quickly, yet they leave behind memories that remind us how special our community truly is.

As the years pass, time feels like it moves a little faster, and our priorities begin to shift. Many of us find ourselves thinking more about our health and well-being—eating a little better, moving a little more, and figuring out how to take good care of ourselves while still enjoying life. It's not always easy, but even small steps can make a difference.

January is often seen as a time for big resolutions, but perhaps it can simply be a time to step forward thoughtfully. We don't need to change everything at once. Maybe it's taking an extra walk, choosing foods that help us feel better, or saying yes to activities that keep us connected and engaged.

As we look ahead to the year to come, I hope we can do so with a sense of optimism and curiosity. There are new experiences waiting for us, new moments to share, and plenty of opportunities to enjoy this wonderful community we call home. Be sure to take a look at the Activities section this month, where you'll find details about upcoming gatherings and events designed to bring us together and keep us involved.

I'm looking forward to seeing what adventures the new year brings—and sharing them with all of you.

Wishing you a happy, healthy, and hopeful start to the new year.

Maria Allan

Editor



Wine
Tasting

Award
Winning
Wines



We are Open
SUNDAYS!!

Paint and
Sip
Jan 25th
2:30-5pm

We are Located 3 miles down the road, in Leeds.

Make a Left at the I-15 S entrance.

Go over the 1-15 and past the Cemetary.

Make the next right, we are at 5 Hidden Valley Road on the left.

We are Open 7 Days a Week Noon till 6pm

www.zionvines.com

No Reservations Needed

435-216-1340



"Hurry! Our New Year's resolutions start
in ten minutes."



Around the Neighborhood!

We regret to report that another of our residents, Garlan Mitchell, passed away on November 29. He has lived here a long time, and will be missed. He almost made it to his 91st birthday. He led a very interesting and active life.

Congratulations to Seth and Cia Kelly, who are the proud parents of a new baby boy, born November 17! His name is Cole.

Also congratulations to Siera Heaton, who married J.J. Cieslewicz on November 20th!



I need your eyes and ears. If you know of something noteworthy that our neighbors would find fun, interesting or uplifting, shoot me an email (marvelousmom2@yahoo.com). Bonus points if you have pictures!



HAPPY BIRTHDAY
January Birthdays

Happy Birthday to all our friends and neighbors born in January!

- 6th - Jerry Finkbeiner
- 8th - David Walsh
- 10th - Edith Finch
- 11th - Rulon Johnson
- 12th - Siera Heaton
- 13th - John Anderson
- 19th - Betty Hobbs
- 19th - Boston Newey
- 19th - Gretchen Humke
- 26th - Rachael Rock
- 27th - Chuck McDowell
- 30th - Cindy Roberson
- 30th - William (Drew) Gray

Did we miss your birthday? Please send a note to the editor (see front page) or the office so we can fix it for next year!



January

F	R	I	G	I	D	S	F	E	G	O	A	L	S	I
S	H	I	V	E	R	N	J	I	F	L	E	E	C	E
A	C	H	I	Y	S	O	N	H	R	U	W	Z	K	W
M	L	K	D	A	Y	W	Z	O	C	S	M	M	I	I
V	O	R	F	L	P	Y	O	J	P	U	T	I	K	N
N	B	E	S	J	S	A	P	C	O	L	D	T	B	T
N	U	I	W	V	Y	D	R	S	Z	K	P	T	E	E
D	S	N	O	W	M	A	N	K	D	P	A	E	G	R
S	H	E	A	T	E	R	L	L	A	V	R	N	I	T
O	L	H	S	P	R	E	O	N	S	X	T	S	N	I
S	I	E	A	E	I	Z	G	P	K	E	Y	Q	R	M
J	A	C	D	T	I	E	M	Z	A	S	P	O	N	E
M	M	D	E	B	O	O	T	S	T	K	F	M	E	E
F	I	R	E	P	L	A	C	E	E	I	Y	C	W	G
Q	A	T	R	E	S	O	L	U	T	I	O	N	S	B

BEGIN
BOOTS
COLD
FIREPLACE
FIRST
FLEECE
FRIGID
GOALS
HAT

HEATER
ICE
MITTENS
MLK DAY
NEW
PARKA
PARTY
RESOLUTIONS
SHIVER

SKATE
SKI
SLED
SNOWMAN
SNOWY
WINTERTIME



Friendly Reminder:

Please, please remember to be courteous and pick up after your dogs! We would like this to be a clean and friendly neighborhood. Everyone must contribute. Thank you!

(P.S. Dogs must be kept on a leash outdoors.)



Ice Cream Social

News from the Board

by Vickie Brooks



Happy New Year!

I hope everyone had a wonderful Christmas remembering the true meaning of our Lord's birth and hopefully it was super fun, too!

Well, we had an interesting and eventful year of 2025. This year is going to be better than ever! We have some plans for it – budget committee and other activities for everyone.

Thank you for all of your support for the HEOA Board and from me personally. I'm very touched by the compliments I've received and appreciate them fully.

Be on the lookout for requirements for new board and committee members. If you would like to be on any of them, please let the office or any of the Board members know. We need all the talents that you might have to share with us. If you are interested in being an HEOA Board member, please submit a synopsis of your work and volunteer history for consideration. We'll be fair and honest with everyone. We need you!

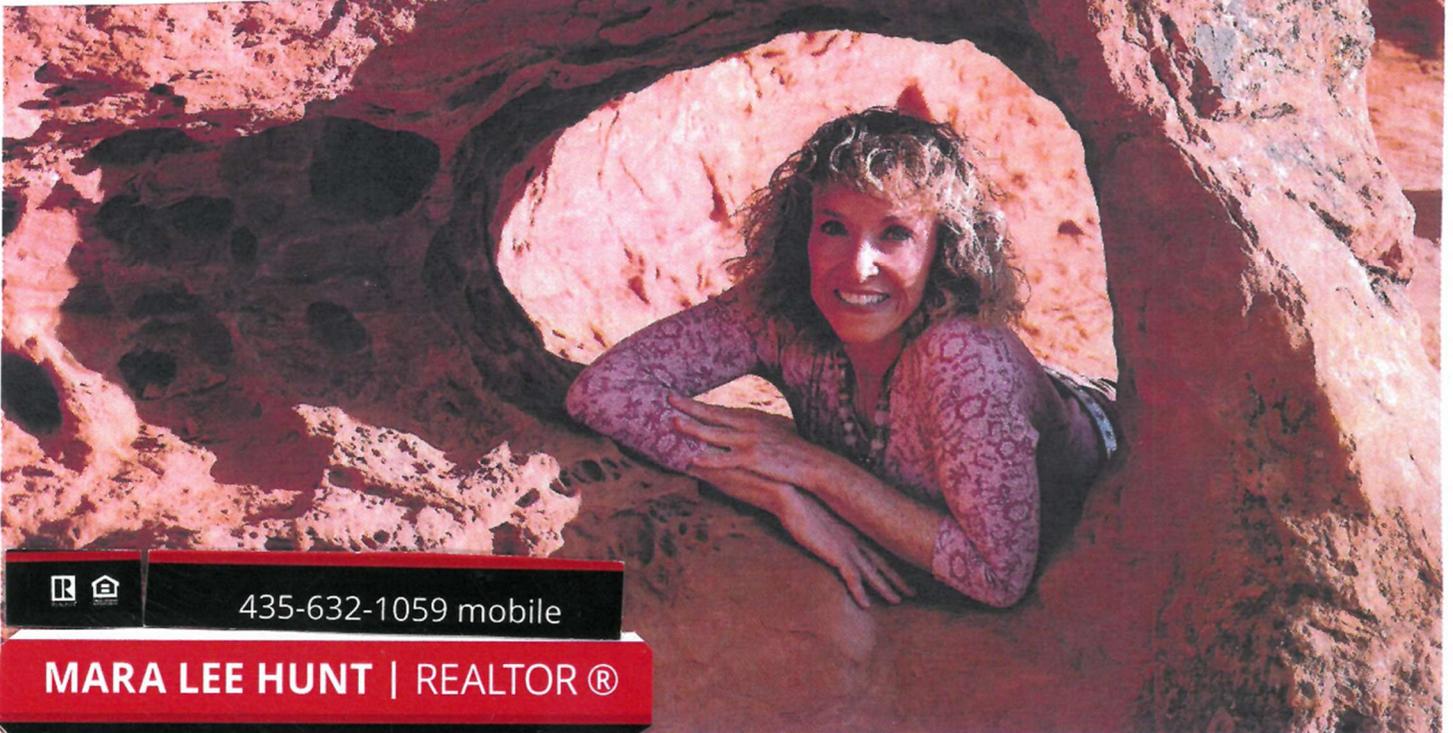
Thank you again for your support and consideration in all aspects of making our neighborhood the best it can be! We are striving to do that. With everyone's help, we will do it!

Thank you,
Vickie Brooks
Interim President, HEOA Board



Cookie Exchange

Red Rock
REAL ESTATE



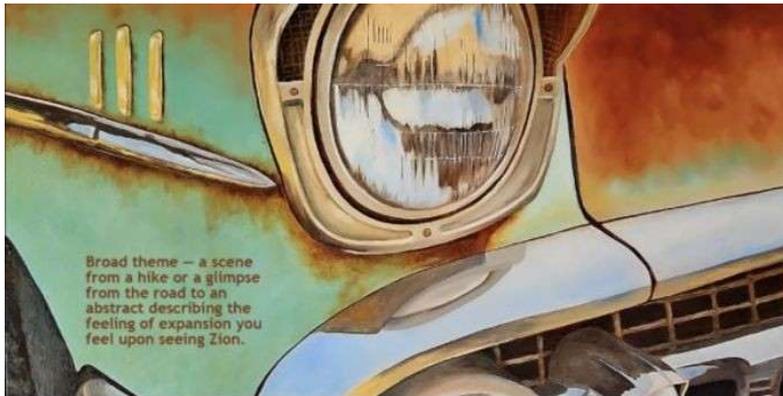
435-632-1059 mobile

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Things to Do: America On the Road Art Exhibit

There will be a fun art exhibit running from January 9 through February 5, Mon.-Fri., 9AM to 5PM and Sat. Noon till 4PM at the Red Cliff Gallery, 220 N. 200 E., in St. George. The theme of the exhibit is a scene from “a hike or a glimpse from the road to an abstract describing the feeling of expansion you feel upon seeing Zion.” There are sure to be some interesting interpretations. Many talented artists enter these exhibits. No entrance fee was mentioned.

To find other fun things to do, go to greaterzion.com/upcoming-events/



Broad theme – a scene from a hike or a glimpse from the road to an abstract describing the feeling of expansion you feel upon seeing Zion.

Connie Goulding / Big Chevy

America on the Road



Strange BUT TRUE

No number before 1,000 contains the letter A.



The circulatory system is more than 60,000 miles long.



The Pope can't be an organ donor.



The world's longest concert lasted 453 hours.



It's impossible to hum while holding your nose.



Candy Making Class



H.I.C. Chronicles

The committee is taking a little break for the holidays, but will be starting back up before you know it! Volunteers are needed. The work we do helps keep the community beautiful. The landscaping crew isn't paid to beautify and maintain all the areas, so it saves us money when volunteers help. Take pride in your community by volunteering to help when you can.

This month we did some cleanup down in the gully and hauled a lot of debris to the trash.

MORE THAN MEDICARE!

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Potluck dinner!

They Said It

“If you cannot do great things, do small things in a great way.” —
Napoleon Hill



“Always do your best.
What you plant now, you
will harvest later.” —Og
Mandino



“Get busy living or get busy dying.” —
Stephen King



“In three words I can sum up everything
I've learned about life: It goes on.”
—Robert Frost



“You can't help what you feel, but you
can help how you behave.” —Margaret
Atwood



Activities Committee Report

Happy New Year!

The November movie was "Cars," the animated adventure. It was a lot of fun.

Cindy Bryant taught a candy making class in December, with lots of chocolate being poured. Everyone had a great time. The potluck dinner was well attended and people hung around for a long time visiting and strengthening friendships. We always have a great time, and the bingo games are always fun and exciting. The blackout game at the end is always a nail-biter!

We had a really good turnout for the Ice Cream Social this month. Another great opportunity to get to know each other better, with a side of ice cream. What could be better than that!

Coming up this month:

Thurs., Jan 1: Happy New Year! We wish everyone a great year full of love and fun.

Tues., Jan. 13th at 5:30 PM – Potluck dinner & bingo! This is true potluck. We never know what we'll get. Bring a dish to share. (Also bring a few \$1 bills for the bingo game.)

Sun., Jan. 18th at 6:00 PM – Monthly ice cream social. We've stocked up on all the favorite flavors, so come on down and join the gathering. Only 75 cents per scoop and that includes a lot of yummy toppings. Add 50 cents if you want a banana split. Yum, yum!

Sat., Jan. 31st at 6:30 PM – Movie night – To be announced – watch the marquee! (We're planning on a "manly adventure" to make the men happy who want to attend, ha ha!)

Looking ahead: Here are a few things that we have on the agenda for the upcoming weeks:

February: Potato Bar – There will be a sign-up sheet, so be watching for that. No cost – just come and enjoy! We'll also be putting together a "Meet the Candidates" meeting for people to talk to people who will be running for positions on the board.

March: Annual meeting and activities fundraiser: We'll be offering a yummy lunch after the meeting for \$15 per person. Menu to be announced. Watch for the insert in your election packet and get your order in!

The Great Harrisburg Bake-Off has been pushed back until Spring, so you have plenty of time to come up with a recipe to prove that you're the Greatest Baker in Harrisburg! Watch for further announcements.

Until next time, Your Activities Committee



Cindy and her banana split!

Easy, Creamy Chicken Noodle Soup

From Drew Cooks

Ingredients

- 2 T Olive oil
- 2 ribs celery, diced
- 2 medium sized carrots, diced
- 1 yellow onion, diced
- 2 quarts of chicken broth
- 1 spoon full of bullion (optional, maybe)
- 6 cups uncooked wide egg noodles
- 2 cans (10-3/4 ounces each) condensed cream of chicken soup
- 3 cups cooked shredded chicken
- 1 cup sour cream (to make it extra creamy)
- Pinch of parsley (if you're fancy)



Directions

- Heat olive oil in your favorite soup pot. Add in celery, carrots, and onion.
- Saute the vegetables until soft, about 10 minutes.
- Stir in 3 tablespoons flour, a pinch of salt and a pinch of pepper; cook for two more minutes.
- Add 2 quarts of chicken broth (and a spoonful of bullion) and bring to a boil. Add in the noodles.
- Cook uncovered until the noodles are tender, (about 10 minutes)
- Add 2 cans of cream of chicken soup and cooked chicken; heat through.
- Remove from heat and stir in 1 cup of sour cream if you want it extra creamy.
- Sprinkle some parsley on top to be fancy, and some crushed red pepper if you like it spicy...
- Then put it in your mouth!

The Bargaindales table brought in \$38 for the month of December!! Thank you! Please remember that items are not free—put your donations in the box.

For those of you who are new, The Bargaindales table is located in the southeast corner of the clubhouse, near the pool table. This is where residents can donate items in good condition that are no longer being used. You can also purchase anything on the table that you want to have for a price that you think is reasonable (thank you for being **generous**). Put your payment in the locked box on the wall next to the table. Your donations go to the Activities Committee and the Improvement Committee to pay for all the fun activities we have and putting in new flowers, etc. Contact MaryAnn Roberts if you have any questions about donations.



Just for Laughs



I had an appointment to see my psychic next week, but she just called to cancel. She said I won't be able to make it.



I used to be addicted to soap, but I'm clean now.



I wanted my kids to watch the orchestra, but I had to turn it off—too much sax and violins.



Why as the robot so tired after his road trip? (He had a hard drive.)



A cop started crying while he was writing me a ticket. I asked him why and he said, "It's a moving violation."





Candy making class

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Harrisburg is on Facebook

Be sure to join the official Harrisburg Facebook page for up-to-the-minute updates, information, and connection.

Go to Facebook and search for
“The Official Harrisburg Estates Utah FB Page.”

***National Popcorn Day is on
January 19***

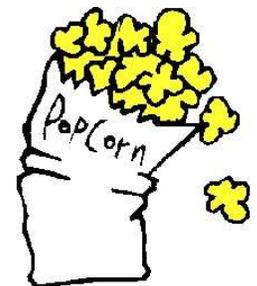
National Popcorn Day is celebrated annually on **January 19th**, a day dedicated to enjoying popcorn with special deals, discounts, and freebies often offered by movie theaters like AMC and Cinemark, where you might get unlimited refills or fill your own container. The day recognizes popcorn as a unique whole-grain snack, with promotions often running from major chains to local spots, encouraging moviegoers and snack lovers to participate.

Plain popcorn is a healthy whole-grain snack, packed with fiber for digestion and fullness, antioxidants like polyphenols to fight disease, and essential minerals (magnesium, potassium, zinc) for bodily functions, potentially aiding weight management and reducing risks of heart disease, diabetes, and certain cancers, especially when air-popped and lightly seasoned.

This holiday encourages us to eat popcorn any way we like it. Question: Does anyone really need encouragement to eat one of America's favorite snacks? We won't pop (burst) your bubble, err pop your corn, that is. This day celebrates healthy (until you load it with salt and butter) -- and without a doubt addicting -- popcorn. Speaking of healthy, plain popcorn is very good for you.

Most Popular Popcorn Flavors:

- Butter and Salted Popcorn – movie theater is the best.
- Cheddar cheese
- Carmel flavored
- Just Butter
- Plain – It's the healthiest way to eat popcorn.
- Kettle Corn



In addition to the flavors above, specialty popcorn stores generally offer just about every flavor imaginable. So buy or make some popcorn today and enjoy!



January 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
(To add announcements to the calendar, please contact the editor.)				1 	2	3
4	5	6	7	8	9	10
11	12	13 Potluck dinner & Bingo 5:30 PM \$1 per card 	14	15	16	17
18 Ice Cream Social 6:00 PM \$.75/scoop 	19 	20	21	22	23	24
25	25	27	28	29	30	31 Movie Night 6:30 PM "TBA" 