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Lots of Fun Stuff!



March 2026



Harrisburg Views

Board Members:

Vickie Brooks (President);
Virginia Bell (Vice President);
Diane Bright (Secretary); Barb
Campbell (Treasurer) Kenny
Allred (Board Member).

Newsletter:

Editor: Maria Allan
For submissions, please email
marvelousmom2@yahoo.com
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Distribution:

Office Personnel
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Fax: 435-879-2752
Email: admin@heoa134.com

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Greetings, friends and neighbors!

*Spring rolls in with sunny cheer,
Whispering, "Come outside, my dear."
Stretch your legs and stroll awhile,
Collect a breeze and wear a smile.
The days grow long, the sky so blue—
There's more to see and more to do!
(Anonymous)*

Spring has a funny way of sneaking up on us. One day we're bundled up and watching the clock for sunset at what feels like mid-afternoon, and the next we're squinting into bright evening light and wondering where we put our walking shoes. The warmer air and longer days seem to flip a switch that says, "Time to get moving again!"

Suddenly the outdoors starts calling our names. Walks feel a little longer, hikes seem a little easier, and even a quick trip outside can turn into a mini adventure. Spring has a talent for making ordinary days feel just a bit more cheerful—and for reminding us that fresh air is sometimes the best mood booster around.

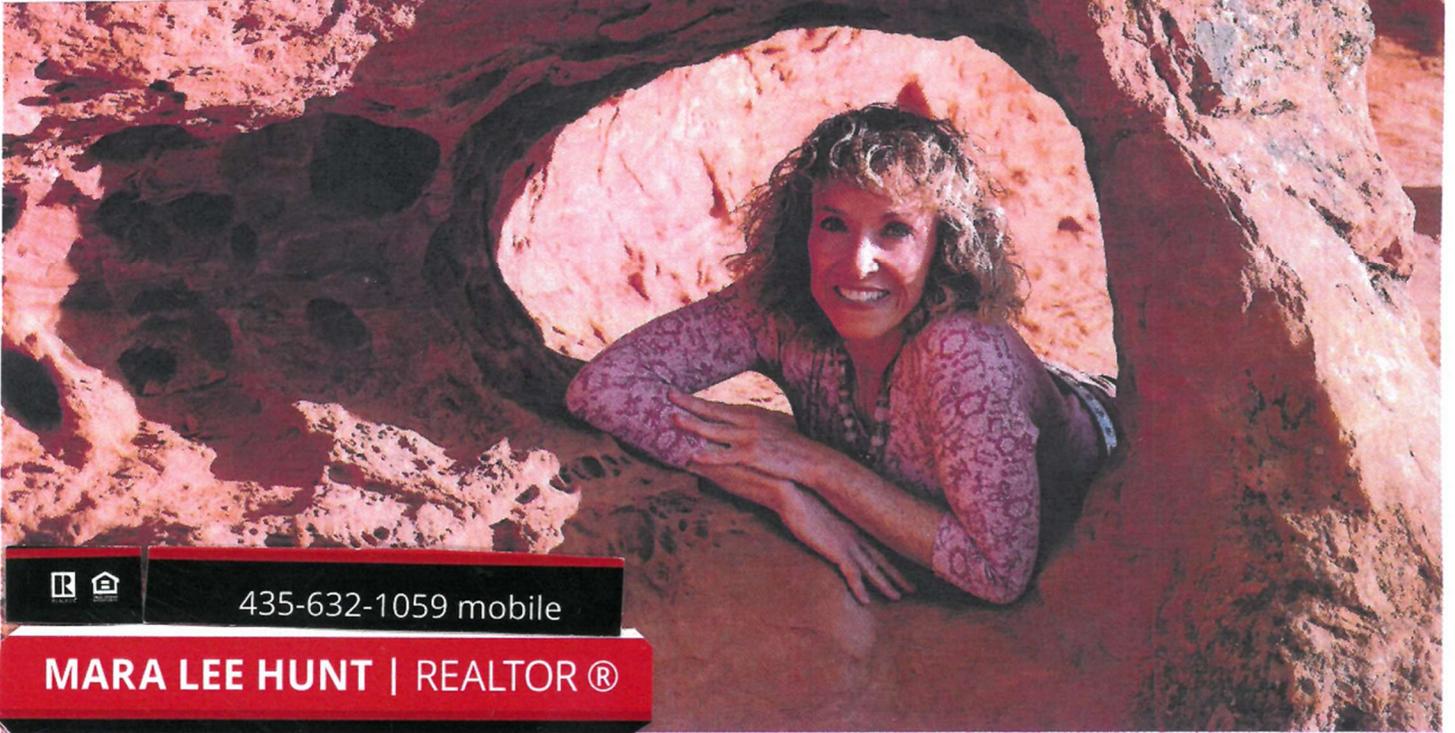
And speaking of more to do, this is the perfect time to take a peek at the activities column and see what's coming up in our community. With the weather warming and the calendar filling, there are plenty of opportunities to get out, connect, and enjoy the season together. Let's make the most of these bright spring days!

After all, spring doesn't last forever, and we'd hate to let all that nice weather go to waste! So dust off those walking shoes, grab a friend, and give yourself permission to enjoy a little extra sunshine whenever you can.

Maria Allan
Editor

Red Rock

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Strange BUT TRUE

Did you know that honey never spoils? Archaeologists have found jars in ancient tombs that are still perfectly edible.



A group of flamingos is called a "flamboyance."



Bananas are technically berries, but strawberries are not.



The first alarm clock could only ring at one time: 4 a.m.



Sea otters hold hands while they sleep so they don't drift apart.



Friends having fun at the Potato Bar.



HAPPY BIRTHDAY!



March Birthdays

Happy Birthday to all our friends and neighbors born in March!

- 1st - Wanda Millhouse
- 3rd - Jackie Gonzales
- 8th - Bruce Hoskisson
- 10th - Jeff Blanton
- 11th - Cia Kelly
- 17th - Diane Andra
- 19th - Bob Hoy
- 25th - Page Harding
- 28th - Diane Wegner
- 30th - Jackie Evans
- 31st - Shawna Haakenson

Did we miss your birthday?
Please send a note to the editor (see front page) or the office so we can fix it for next year!



St. Patrick's Day Word Search



P	O	T	O	F	G	O	L	D	B	E	E	T	S	L
O	S	F	R	A	C	H	G	C	U	I	V	E	L	U
S	O	H	B	O	W	S	C	L	O	V	E	R	E	W
T	A	M	A	R	C	H	R	A	D	O	W	S	P	I
L	R	U	C	M	U	C	K	Y	L	O	E	P	R	A
U	C	W	I	K	R	A	I	N	B	O	W	K	E	Y
K	A	T	R	S	G	O	N	D	U	R	L	U	C	K
T	H	E	T	G	O	S	C	P	L	E	R	P	H	A
C	T	O	I	R	N	T	D	K	O	G	M	R	A	I
C	O	R	N	E	D	B	E	E	F	R	C	A	U	R
E	T	I	R	E	L	A	N	D	O	S	H	E	N	I
W	O	W	N	N	D	O	W	T	L	K	Y	D	O	S
L	E	A	I	S	T	H	P	A	R	A	D	E	T	H
T	R	A	D	I	T	I	O	N	R	O	P	C	E	D
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|-------------|------------|-------------|
| CLOVER | IRELAND | PARADE |
| COINS | IRISH | PATRICK |
| CORNER BEEF | LEPRECHAUN | POT OF GOLD |
| TRADITION | LUCK | RAINBOW |
| GREEN | MARCH | SHAMROCK |



Friends at the nonagenarians party!

News from the Board

by Vickie Brooks

Hello, Harrisburg! Well, it's March and ladies, we have an International Womens Day on March 8. This is great! We should do what we want to, even if it's window shopping – let me know your ideas.

On March 17th its St. Patrick's Day! Don't forget to wear your green and have some corned beef & cabbage.

I want to all to think about running for our HEOA Board of Directors. We would like to see a synopsis of your work history and volunteerism. PLEASE help us out—we need you and your opinions.

Remember on March 21st at 10:00 AM is our general board meeting. We will be voting for our new Board Members. Don't forget our luncheon afterwards to enjoy barbecue hamburgers or hot dogs with all the trimmings for \$15. This is a fundraiser for the activities Committee.

Please come to voite and listen to our meeting, then eat the good luncheon, too.

Have a great March!

Vickie Brooks

Interim President, HEOA Board



More fun at the Potato Bar.



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Things to Do: 2026 Electric Film Series

Welcome to the 2026 Electric Film Series! Now entering our 6th year, we're proud to continue our tradition of bringing you free, monthly screenings of unforgettable films at the historic Electric Theater. Each screening is more than just a movie night. It's a chance to dive deeper into cinema history. We'll kick things off with an engaging intro and wrap up with a post-screening discussion, often featuring special guests to add extra insight. Expect surprises along the way.

This year, we're taking you on a journey through the decades, one film at a time. Starting with the Silent Era of 1900s/1920s and on through the 2020s, and ending with a Holiday Classic. Each month we'll present a film that encapsulates a defining moment in cinema history. While it's impossible to choose one film that sums up an entire decade, we've carefully selected titles that reflect the spirit and evolution of film across the years.

Join us for another year of cinematic discovery, as we celebrate films that have shaped history, sparked conversations, and continue to inspire.

When: March 14, 5:30 PM (Every month on the 3rd Tuesday).

Where: The Electric Theater Center, 68 East Tabernacle

This month's feature: "Gaslight"

Website:

www.fmasu.com/electricfilmsseries

To find other fun things to do, go to greaterzion.com/upcoming-events/



More fun at the Potato Bar.

Friendly Reminder:

Please, please remember to be courteous and pick up after your dogs! We would like this to be a clean and friendly neighborhood. Everyone must contribute. Thank you!

(P.S. Dogs must be kept on a leash outdoors.)



Around the Neighborhood!

On January 2, friends and neighbors threw a birthday bash for our nonagenarians. Congratulations on all your birthdays this past year: Bea Ogden, Edith Finch, Liz Nuttal, and Carolyn Bywater!



I need your eyes and ears. If you know of something noteworthy that our neighbors would find fun, interesting or uplifting, shoot me an email (marvelousmom2@yahoo.com). Bonus points if you have pictures!

H.I.C. Chronicles

The improvement committee is still on a break with the weather being as schizophrenic as it has been – temperatures up and down, sunny one day and snowing the next! We're happy for all the water we can get, but it sure puts a damper on making plans to beautify our grounds!

Have you noticed that the daffodils in front of the clubhouse bloomed? We're getting excited to start playing in the dirt again. We hope you will be able to join us. Please watch the marquee for announcements on dates and times—we'll try to let you know ahead of time when we'll be out working.





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They Said It

“Keep smiling, because life is a beautiful thing and there's so much to smile about.” —Marilyn Monroe

☆ ☆ ☆

“Be persistent and never give up hope.” —George Lucas

☆ ☆ ☆

“When we strive to become better than we are, everything around us becomes better too.” —Paulo Coelho

Coelho

☆ ☆ ☆

“Believe and act as if it were impossible to fail.” —Charles Kettering

Kettering

☆ ☆ ☆

“There are so many great things in life; why dwell on negativity?” —

Zendaya

☆ ☆ ☆



Reuben Sliders

from thecookinchicks.com

For St. Patrick's Day, discover a delicious twist on the classic Reuben sandwich with our easy-to-make Reuben sliders – perfect for a quick and satisfying meal!

Sliders:

- 12 Hawaiian Rolls
- 8 oz. corned beef sliced thin
- 8 oz. Swiss cheese sliced thin
- ½ cup Thousand Island dressing
- 8 oz Sauerkraut, squeezed to get liquid out

Butter Topping:

- ¼ cup butter melted
- ½ teaspoon minced onion dried
- ½ teaspoon sesame seeds
- ½ teaspoon poppy seeds
- 1 teaspoon salt

Instructions:

1. Preheat oven to 350° and spray a 9x13 baking pan with cooking spray.
2. Slice rolls in half and place the bottom halves in prepared baking dish.
3. Top the buns with half the slices of Swiss cheese, followed by half the corned beef, sauerkraut, dressing, and another layer of cheese and corned beef.
4. Place the top half of the rolls on top to create a sandwich.
5. In a small bowl, mix together the butter, onion, sesame seeds, poppy seeds, and salt.
6. Brush evenly on top of the sliders.
7. Cover the dish with foil and place in oven to bake about 20 minutes.
8. Remove foil and bake an additional 5 minutes, or until golden brown.
9. Remove from oven and serve!





Friends having fun at the Potato Bar.

Activities Committee Report

Welcome to Spring! At last, the days are warmer, there's more sunshine, and the flowers are beginning to bloom. We're looking forward to sharing some fun activities.

We had a fun Potato Bar & Bingo on February 10th; 32 people came and enjoyed the yummy dinner and had a great time socializing. We had baked potatoes with three choices of "gravy" toppings, as well as cheese, bacon bits, onions --- the works! It was so good! And there were many desserts shared. So many people stayed for the Bingo game that we nearly ran out of Bingo cards! There were lots of winners, and two of the games were tied. Everyone had a great time. Thank you to everyone who attended and made it a great outing. A special thanks to the activities committee, who always pitch in and do so much work: Steve Hart, Cindy & Jerry Bryant, Linda & Dennis Bingham, Terri Perkes, and Janice Hoskisson (I hope I didn't forget anyone!) Thank you, thank you!

The Ice Cream Social on the 15th was a lot of fun. Just 7 people attended, but it's always fun to sit and visit and get to know each other better, and such a variety of flavors! We missed you and hope you plan to join us next time!

Here's what's coming up this month. As always, watch the marquee for events and updates.

Saturday, February 28 at 6:30 PM: Movie night. Movie to be announced. We have some great movie night treats and some great movies (okay, they're older, but they're still good!) come and join us!

Tuesday, March 10 at 5:30 PM: Our monthly potluck dinner and bingo game (bring dollar bills for the bingo game! We usually can't make change.). It's true potluck, so bring whatever you want to share – main dish, veggie/salad/side, or dessert. It's always fun. To add to the fun, wear green to show your Irish!

Sunday, March 15 at 6:00 PM: Monthly ice cream social; we moved it up a week this month because of the date of the Annual Meeting, so notice the change.

Saturday, March 21 at about 12:30: Annual meeting followed by our Activities Committee fundraiser: We'll be offering a yummy lunch after the meeting for \$15 per person. Menu will be hot dogs and hamburgers, accompanied by chips and your choice of salads and a dessert. You should have received a sign-up sheet in your voting packet and sent it in, but if you forgot or lost it, it's not too late! You can still reserve your meal and pay at the clubhouse during regular office hours.

Saturday, March 28 at 6:30 PM: Movie night – Movie to be announced—watch the marquee. We always have lots of movie snacks to munch on. (P.S. We're always open to family-friendly suggestions for the movie!)

Looking ahead: Here are a few things that we have on the agenda for the upcoming months:

In **April**, the committee is planning a yummy Easter brunch with pancakes and other breakfast dishes. There will be a sign-up sheet so we'll know how many to prepare for.

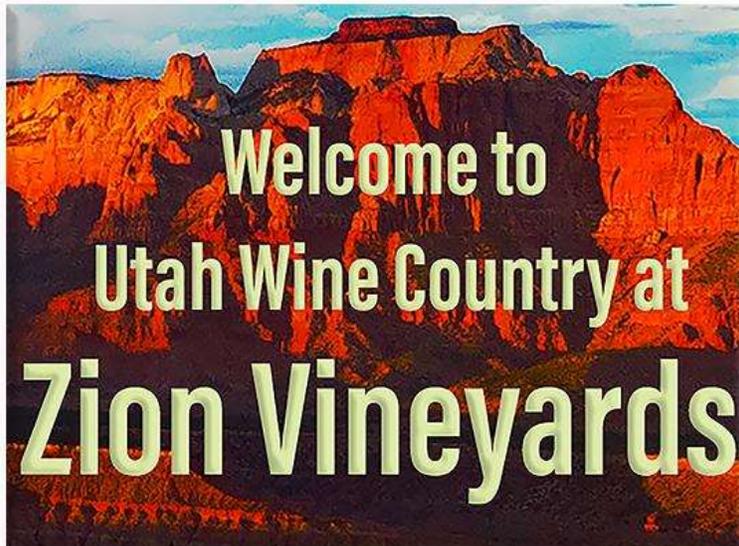
In **May**, how about a Cinco de Mayo Taco bar? Watch for announcements about that!

The Great Harrisburg Bake-Off will probably take place in the early fall when our snowbirds return, but it's still on the radar, so you have plenty of time to come up with a recipe to prove that you're the Greatest Baker in Harrisburg! Put on your chef's hat and watch for further announcements.

Until next time, Your Activities Committee

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The Bargaindales table brought in \$123 for the month of February!! Thank you!

Please remember that items are not free—put your donations in the box.

(And an extra thank you this month for whoever left some really great home décor items to sell!)

For those of you who are new, The Bargaindales table is located in the southeast corner of the clubhouse, near the pool table. This is where residents can donate items in good condition that are no longer being used. You can also purchase anything on the table that you want to have for a price that you think is reasonable (thank you for being **generous**). Put your payment in the locked box on the wall next to the table. Your donations go to the Activities Committee and the Improvement Committee to pay for all the fun activities we have and putting in new flowers, etc. Contact MaryAnn Roberts if you have any questions about donations.



Just for Laughs

I just found out Albert Einstein existed. My whole life I thought he was a theoretical physicist.



You used to be able to get air for free at gas stations, but now it's a \$1. That's inflation for you.



My dad was born a conjoined twin, but separated at birth. So I have an uncle, once removed.



Why is it a bad idea to eat a clock? Because it's so time-consuming.



I went to a smoke shop only to discover it'd been replaced by an apparel store. Clothes, but no cigar.





Friends having fun at the birthday party..

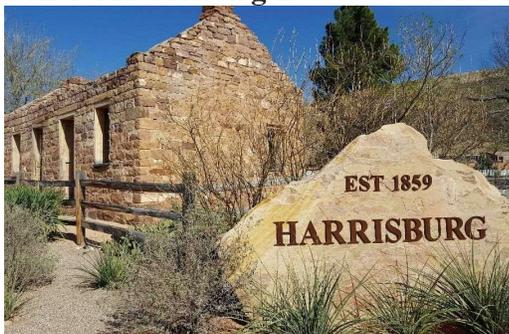


Harrisburg is on Facebook

Be sure to join the official Harrisburg Facebook page for up-to-the-minute updates, information, and connection.

Go to Facebook and search for

“The Official Harrisburg Estates Utah FB Page.”



National Frozen Food Day is March 6



National Frozen Food Day celebrates all those yummy foods and snacks in your freezer. Sure, the invention of the freezer made this day possible. But the methods and techniques of preparing and freezing foods are what makes frozen foods taste great, look great and store in a frozen state until you need them. So, chow down and enjoy this March 6 holiday to the fullest.

For the history buffs among us, Clarence Frank Birdseye II received the first patent for flash frozen foods in 1927. Frozen foods first hit store shelves in 1930 in Springfield, Ma. Frozen “TV dinners” that you heated in the oven were introduced by Swanson in 1954. And, who can forget the old frozen “boil-in-bags”? The microwave now heats your frozen dinners faster and more efficiently.

Imagine how your busy life would be if you didn't have a frozen dinner to pop into the microwave in between a late day at work and your evening event. You'd have to stop and make dinner from scratch!

Get in on the fun. Make your own foods to freeze for consumption later. You most likely already do and just don't give it a thought. Some common foods that home cooks make and freeze include spaghetti sauce, soups, stews, and many meals. Leftover pizza freezes well for short periods of time. Got leftovers? Make them up into a one-person meal and freeze them. If you have a home ice cream maker, you are making frozen food.

History and Origin of National Frozen Food Day: By Senate Joint Resolution 193, the U.S. Congress designated March 6, 1984, as Frozen Food Day. They authorized and requested the President to issue a proclamation upon this occasion. In Proclamation #5157, President Ronald Reagan said: “Now, Therefore, I, Ronald Reagan, President of the United States of America, do hereby proclaim March 6, 1984, as Frozen Food Day, and I call upon the American people to observe such day with appropriate ceremonies and activities.” And so this became a true National day of recognition and celebration.



March 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8 	9	10 Poluck Dinner & Bingo 5:30 PM \$1 per card 	11	12	13	14
15 Ice Cream Social 6:00 PM \$.75/scoop 	16	17 St. Patrick's Day 	18	19	20 Welcome SPRING 	21 Annual Board Mtg. 10:00 AM 
22	23	24	25	26	27	28 Movie Night 6:30 PM "TBA" 
39	30	31				<p>(To add announcements to the calendar, please contact the editor.)</p>